

Volume 28, No. 12, December 1996

Carolina Gift Guide
Pages 8-12

CAROLINA COUNTRY

Official publication of North Carolina's electric cooperatives

Lighting the Way

Season's Greetings From Your Electric Cooperative

XXXXXXXXXXXXXXXXXXXXXXXXXXXX3-DIGIT 275

N CAROLINA COLLECTION
WILSON LIBRARY
CB 3930 UNC-CH
CHAPEL HILL NC 27599-0001

1
44

|||||

Not Everyone Enjoys A Long Hot Shower.

If You Do, Get An Electric Water Heater.



If you love a long, luxurious hot shower, but you can't bear the cost, consider one of today's high efficiency electric water heaters. You get more hot water in less time than ever. And in addition to low installation and maintenance costs, the price you pay for the electricity to

heat your water is stable all year long.

To learn more, call us today – and warm up to the new high efficiency electric water heater.



**CAROLINA Electric
CooperativesSM**
® *Energy To Get Things DoneSM*

Serving 1.6 Million Consumers in 95 North Carolina Counties.

CAROLINA COUNTRY

(ISSN 0008-6746)

Read monthly in more
than 352,000 homes

Volume 28, No. 12, December 1996



Official Publication of
North Carolina's Electric Cooperatives
(800) 662-8835

North Carolina's electric cooperatives provide reliable, safe and affordable electric service to 650,000 homes, farms and businesses in North Carolina. The 28 electric cooperatives are each member-owned, not-for-profit and overseen by a board of directors elected by the membership.

Editor

Michael E.C. Gery, ext. 367

Special Projects Editor

Owen Bishop, ext. 316

Business/Advertising Manager

Monica Russell, ext. 310

Graphic Designer/Artist

Katherine Fowler, ext. 317

Assistant Editor

Kim Whorton, ext. 308

Advertising Sales

Jennifer Boedart Hoey, ext. 307

Subscriptions

Jenny Lloyd, ext. 291

Editorial Assistant

Jodie Petrarca, ext. 275



Member
Audit Bureau of Circulations

Carolina Country® is published by the North Carolina Association of Electric Cooperatives, Inc. Periodicals postage paid at Raleigh, N.C., and additional mailing offices. Editorial offices: P.O. Box 27306, Raleigh, N.C. 27611. Phone: (800) 662-8835, ext. 310. Carolina Country is a registered trademark of the North Carolina Association of Electric Cooperatives, Inc.

Pastmaster: Send form 3579 to P.O. Box 27306, Raleigh, N.C. 27611.

Individual subscriptions, \$6 per year until Dec. 31.

To change address, send magazine mailing label. Address all mail to Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.



Printed on recycled paper

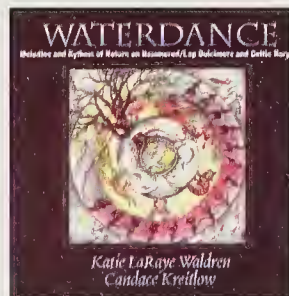


Advertising published in Carolina Country is accepted on the premise that the merchandise and services offered are accurately described and willingly sold to customers at the advertised price. The magazine, North Carolina Association of Electric Cooperatives, Inc., and the member cooperatives do not necessarily endorse the products or services advertised. Advertising that does not conform to these standards or that is deceptive or misleading is never knowingly accepted. Should you encounter advertising that does not comply with these standards, please inform Carolina Country at P.O. Box 27306, Raleigh, NC 27611. (919) 713-1310.

CAROLINA COUNTRY

FEATURES

- A North Carolina Gift Guide 8**
A selection of holiday gift ideas with a Tar Heel touch.



- Holiday Gifts
From Carolina Kitchens 12**

From sweet potato candy to egg nog cookies. They all use Carolina country products.



On the Cover

The lights of "Christmas Town U.S.A." More than 365,000 lights will decorate 375 trees during the evenings Dec. 1-26 in the Gaston County town of McAdenville. The display around the lake has been a tradition since 1956, thanks to Pharr Yarns and event supervisor Wayne Teague. Last year 336,272 vehicles passed by the display. The town Yule Log Parade is Dec. 20 at 6 p.m. (Photo courtesy of N.C. Travel and Tourism Division.)

DEPARTMENTS

- Letters and Comments 4**

As proposals come in to change the utility industry, electric cooperatives will be protecting the interests of consumers first, says Glenn English. Also, Paul Honeycutt wonders why dogs run cars, Nick McEntyre thanks Piedmont EMC, Dr. Atkins suggests "protocol" treatments for cancer, and we wish you a happy holiday season.

- Focus 20**

The latest news on living near power lines . . . "Winter Morning" by David E. Doss . . . Natural fertilizer in a bag . . . Battleship restoration.

- Here, There & Everywhere 22**

Dec. 5 - Jan. 5

- Marketplace 24-25**

A monthly showcase of goods and services.

- Hank's Gardening Guide 26**

Should you feed camellias now?

- Journal 28**

"No matter how fast you go, someone has to go faster," and other observations you've made while driving.

- Classified Ads 29**

- Country Kitchen 30**

Cranberry Salad.

Letters and Comments



What Do You Think?

Mail: P.O. Box 27306
Raleigh, NC 27611
Phone: (800) 662-8835,
ext. 367
Fax: (919) 878-3970
E-mail: carolina.country
@ncemcs.com
Website: www.ncemcs.com

Main Street Service

by Glenn English



As the battle lines get clearer in the struggle to change the electric utility industry, you can count on your locally-owned electric cooperative to stand with you on Main Street, not on Wall Street.

The debate over the future of the electric utility business will move closer and closer to your home over the next several months and years. Ultimately, the battle over the direction of electric service will be about Main Street service or Wall Street profits. It will be a struggle over service and local control that stay in your community — on Main Street — or profits taken from local communities and handed out on Wall Street.

Local personal service — like the kind you enjoy from your own Main Street businesses — is a hallmark of your electric cooperative. When a storm causes a power outage, as happened in North Carolina several times this past year, calls to your electric cooperative are answered by people who know your community because they live there, too.

During 1997, more states and local communities will begin implementing "pilot" programs to test new rules that regulate electric companies. In New Hampshire, about 17,000 customers are already taking part in such a test. Families there are being flooded with mailings and telephone calls from companies wanting their business. Some consumers in that state have compared it with the marketing calls long-distance telephone com-

panies make during the dinner hour, only it's worse. The outcome of the New Hampshire pilot program so far? Confusion. Confusion over new and complicated bills and confusion over exactly how much money, if any, consumers are saving.

For months now, Carolina Country and other publications like it, sent to you from your local electric cooperative, have been explaining these early efforts to change the electric utility business in your state and around the country. This educational process is an important responsibility that electric cooperatives across the country provide to you, their owners and customers.

Earlier this year the government agency that regulates electric utilities, the Federal Energy Regulatory Commission (FERC), issued new guidelines governing the way electric companies and other power producers do business with each other. These new rules are still being implemented and will, hopefully, help your cooperative reduce its costs of providing electricity to you.

No one knows for sure what the exact outcome of these changes will be. But you can be assured that your electric co-op, governed and staffed by people in your community, is working hard to make certain that you on Main Street get as much benefit from electric utility changes as those on Wall Street.

Glenn English is chief executive officer of the National Rural Electric Cooperative Association, which represents more than 1,000 electric cooperatives and their 30 million consumer-members.



Jackie Pittman

Dogs running cars

by Paul E. Honeycutt

I often wonder why a dog runs a car when he knows good and well he will never catch one. If he knew how foolish he looks when running a car, he would run under the house and hide.

I know that a dog likes to use the wheel of a car for a restroom, but not when the wheel is rolling down the road at a speed of 55.

A dog with no more energy than I have would stop running cars and stay in the yard.

A dog's life is short enough when he does the best he can, but he can make his life a lot shorter if he runs a car.

A dog cannot tell us why he likes to run cars because a dog cannot read, write or spell.

A dog who runs a car and makes a wrong turn will carry his secret of why he runs cars to his grave and no one will ever know why.

Paul Honeycutt is pastor of Union Grove Baptist Church in Salemburg and a member of South River EMC.



In the spirit of the season

The Carolina Country staff wishes all readers and friends a blessed holiday season. Thanks to all of you who helped and encouraged us during the year. We look forward to progress and prosperity in 1997 and are proud to be part of the family of North Carolina's electric cooperatives. Each of us wears several hats as we serve the cooperatives, but our roles at Carolina Country are as follows.

Back row, left to right: Michael Gery (editor), Jenny Lloyd (subscriptions), Jennifer Boedart Hoey (advertising sales), Kim Whorton (assistant editor).

Front row, left to right: Katherine Fowler (graphic designer/artist), Owen Bishop (special projects editor and jester), Monica Russell (business/advertising manager).

The real Frog Level?

Jeff Beam of Orange County informed us of another Frog Level, N.C., besides those that readers have identified ["Letters & Comments," September 1996]. He says that Bland Simpson and other writers of the show "Pump Boys and Dinettes" often gathered to work and socialize at the Orange County house of Lloyd Little in Frog Level. That Frog Level is at the intersection of Dodson's Crossroads and Orange Grove Road near Hillsborough.

EPS will publish poetry, then perish

Several readers have wondered if the EPS Publishing poetry volume will ever be published [March 1996 and November 1995]. We have been assured that the collection of poems entitled "Reflections of Life" will be published soon after the first of January and shipped to all who pre-paid their orders. According to EPS, located in Gulfport, Miss., the announced publication date of "winter 1996" referred to winter 1996-97. There will be many North Carolina writers featured in the book, says EPS publisher Eileen Stratz. It will be the last the firm will produce, she added.

The sense of sight needs light at night

The following letter was sent to Piedmont EMC by a grateful, young consumer after Hurricane Fran in September.

Dear Piedmont,

Thank you for getting my power back on in two days. At night my brother ran into a wall and a door. I did to. My mom had to light a candle but it was dark so she could not see and she was lighting the wrong side of the match.

*Yours senserly,
Nick McEntyre, Chapel Hill*

Cancer patients should ask about national protocol treatments

Many people have wondered why cancer has not been cured to date. Millions of dollars have been spent on cancer research, and yet still many people die from cancer every year.

Major advances have been made in pediatric oncology. The treatment of childhood leukemias, as well as other childhood tumors, has shown a more rapid progress in the development of therapy than we have seen in adult cancers. People see the changes that have occurred in children and wonder why it is not the same for adults.

There are many reasons for this. The majority of childhood cancers are treated on national treatment protocols. Approximately 70-80 percent of all children with cancer are treated with national protocols, which represent state-of-the-art therapy. Protocols compare the best treatments that exist against each other. This kind of research is the only way to have new therapies prove themselves, or show that they are no better than what was used two or three years before. These protocols have been developed by the best minds in oncology, and have been approved by the NCI (National Cancer Institute), as well as by many or most of the major medical centers in the United States.

Why don't we have this for adults? The answer is, we do. But only 3 percent of adults end up receiving state-of-the-art therapy. All of the rest receive standard therapy, which was state-of-the-art therapy usually four or five years before. So in 1996, your options are either to go on a national protocol to allow you to receive state-of-the-art therapy for 1996 and 1997, or receive standard therapy which was state-of-the-art therapy in about 1991. Most people do not understand this, and therefore do not elect to go on study. They think of the protocols as being experimental, which they are not. The drugs are in use, have been found to be effective, and are presently undergoing further investigation.

If you or somebody you know has a cancer and are interested in finding out what is available nationally for your particular kind of cancer, call the NCI's toll-free number at 1-800-4-CANCER, or the American Cancer Society at 1-800-ACS-2345 and ask for information as it relates to your particular kind of cancer and what protocols are open for it.

Not every cancer has a protocol open to it. Many do. What is important is that you investigate, call the 1-800 numbers, and ask your doctor. Your oncologist may or may not participate with national studies. If he or she doesn't, you may wish to seek a second opinion.

James N. Atkins, M.D.

**Associate Clinical Professor of Medicine,
Bowman Gray School of Medicine
Principal Investigator,
Southeast Cancer Control Consortium CCOP**

Continued on page 6

Poor people's butter

Here's how poor people made butter. Milk the cow. Put milk in 3 by 9-inch enamel pan. Place in cool place for a day or two to allow cream to form on top. Skim cream off the top with a little milk and put in a half-gallon mason fruit jar. Screw the lid on tight and shake and bump the fruit jar on your lap until butter starts to form in crumbs at first, then together as a ball (an hour or more). Take your butter out and press into half-pound blocks or balls. What's left in jar is buttermilk. Drink it or make biscuits. The skim milk left in the pan can be used to drink or allowed to sour and make clabber. If left a few days this can be used in biscuits, same as buttermilk. The cream you skim off can be whipped into whipped cream, if you don't want to make butter.

This is the way people make butter when they don't have money to buy a churn. Ain't it nice? Buttermilk biscuits, country cured ham, gravy and rice. This is the way us poor folks lived back then. I am 88 years old, and I think I should know. My wife is 84, and she can make a buttermilk biscuit.

Bruce R. Woens
Fayetteville

Kangaroo butter

Having lived in Wilkes County as a young girl it was my job to churn the butter, and after my folks moved us to the lower end of Iredell County we no longer had a cow and we got away from such wonderful eating.

Not too long ago I learned a very simple way to make butter while I was watching a children's program with my grandson. I think it was "Captain Kangaroo." Buy a 16-ounce carton of heavy whipping cream and let it sit several hours to come to room temperature. Pour into a clean quart-size jar and shake vigorously until the butter forms. Place a colander over a bowl and pour contents of the jar into it. Save the buttermilk. It makes wonderful soft biscuits. Wash the butter with cold water and salt to suit your taste. Place in a covered container and refrigerate.

Rosa Miller Cross
Sparta

Horse butter

I had a friend in Montana who would put her "butter makings" in a covered pail and fasten it to her husband's saddle. Her husband rode his horse out on the Bitterroot Range checking their cattle, and when he got back she had her butter all churned.

Ester Barlow
Asheboro

Homemade Butter

Poetic butter

It has been interesting to read the homemade butter stories ["Letters & Comments," July 1996, August 1996]. As a young girl growing up in the country in North Carolina, one of my chores was to do the churning. I really enjoyed doing this job for I was able to study and learn many school-assigned poems, reciting them by a rhythm I made as I churned. I could sometimes rinse out the milk, add a little salt, and mold into either a round or rectangular shaped mold, both with a clover carving which would show on the butter when transferred to a dish.

Thanks so much for Carolina Country. We enjoy it so much that we have to share it with friends.

Dawn H. Shepard
Alexandria, VA

Frog butter

I think enough has been said about churning milk to get butter, but here is another good way.

Two frogs fell into a bucket of milk and couldn't get out. They kicked and kicked until one got tired and gave up and died. The other one kept kicking until he made a ball of butter. Then he got on the butter and jumped out.

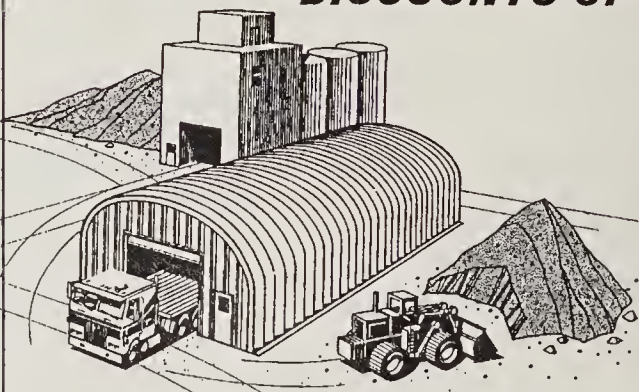
What I do when I want some good butter is buy a pint of whipping cream and whip it by hand with a wire whipper. When you get through, all you have is good sweet butter. Add salt to taste.

E.W. Dees
Fayetteville

STEEL QUONSET BUILDINGS

BUY DIRECT FROM THE MANUFACTURER

DISCOUNTS UP TO 35%



LIMITED OFFER

Miracle Steel offers a full line of steel buildings from 25' wide to 70' wide - length unlimited. Many different heights and profiles to choose from. Overhead, sliding and electric bifold doors available.

IDEAL FOR:

- Industrial
- Agricultural
- Recreation
- Garages
- Churches
- Storage

Examples:

40x58	\$6,009	4 @ \$	4,190
47x92	\$13,063	6 @ \$	9,331
60x120	\$21,375	1 @ \$	14,200

Roof & Sidewall Systems - FOB -
FACTORY. Endwalls & Doors optional.



MIRACLE STEEL 1-800-222-7885

FAX: 612-544-1835

DEALERSHIPS AVAILABLE

CARC

ATTENTION SENIOR HOMEOWNERS

The United States Department of Housing and Urban Development has a mortgage loan program tailored to the needs of seniors.

This new benefit allows you to receive cash advances from the equity in your home to use for any purpose, with no repayment required, as long as you maintain your home as your primary residence.

There are minimal out-of-pocket expenses required to get into the program, and you will receive consumer education from a HUD-approved non-profit counseling agency.

Call the the local HUD/FHA approved lender listed below for more information.

 **Wendover** (910) 605-2630
(800) 568-9109



THE HOME YOU WANT,
WHERE YOU WANT IT.

**WE'LL BUILD THE HOME OF YOUR DREAMS...
RIGHT ON YOUR LOT.**

If you own property, you're just a step away from realizing the dream of having your own home. American Family Homes has helped thousands of families, and we'd like to do the same for you.

We feature 20 different home styles that we can build right on your lot, priced from the \$60s. And you can personalize your new home by choosing from our many special options. To help you even more, 100% financing is available. To find out more about getting the home you want, call toll-free:

In Greensboro
1-800-896-7922
In Charlotte
1-800-544-9139



CC12-96

**American
Family Homes®**



Mail this coupon to:
American Family Homes,
6300-C East Independence
Blvd., Charlotte, NC 28212

☐ Please send me a FREE American Family Homes brochure.

Name

Address

City/State/Zip

Home Phone Work

Home Security For Only \$14.95



With the frightening statistic of a burglary taking place every 11.6 seconds in the US, who wouldn't want to protect their family and property with a home security system? Unfortunately, up to now these systems have been quite expensive. But PROMARK has developed the perfect solution!

Knowing that deterrence is the key to security, we had an industry leader manufacture the same exact high quality yard signs and window decals that the security companies use. Now everyone can afford the "look" of a professional system that scares off burglars, but without costly electronics and monthly fees. For only \$14.95 you receive one professional yard sign and ten decals. Now that's cheap insurance! So why tempt fate any longer? Order this economical peace of mind for yourself, your children, and your parents, too.

100% Satisfaction Guaranteed.

If you're not completely happy with your order, return it within 30 days for a full refund, including S&H.

Note: For security purposes this ad features a different name than the one which appears on your actual sign and decals.

Order Today Without Risk!

Send \$14.95 plus .90 NC sales tax and \$3.95 shipping & handling to:
PROMARK, 7716 England Street
Suite B, Charlotte, NC 28273

Name

Address

City

State Zip

Order 2 or more, we pay S&H.

A North Carolina Gift Guide

Carolina Country and North Carolina's electric cooperatives urge you to support the industry and creativity of our friends and neighbors by giving holiday gifts with a Tar Heel touch. The following selection is just a sampling of what is produced in the Carolina countryside.

Compiled by Jodie Petrarca

Honeysuckle Christmas trees

by Barbara Cogburn

All you need is a tomato cage and honeysuckle vines. You don't even have to limit yourself to honeysuckle vines. Try grapevines, ivy, clematis, bittersweet or something similar.

Turn a tomato cage upside down. Trim off the stake wires with wire cutters or turn them under with pliers. Then simply begin wrapping the honeysuckle vines around the tomato cage, weaving the ends in and out to keep the tree from unraveling. Add as many vines as needed to completely cover the cage.

Weaving ribbons in and out will add color. Dried flowers from the garden add interest and texture. It is easy to wrap small Christmas lights and ornaments for a unique Christmas decoration.

My Christmas tree becomes a Valentine tree and Easter tree or for a pleasant decoration, because it is easy to change ribbons and ornaments.

You can make a larger honeysuckle tree by nailing an old broom handle to a 15-by-15 board platform and wrap chicken wire around it. Weave the honeysuckle around the tree the same way. Another alternative is to insert dried hydrangea (snowball) blooms into the chicken wire. Strains of ribbons and dried flowers make a beautiful tree that can be used year-round.

Barbara Cogburn is a member of Haywood EMC and lives in Clyde.



Barbara Cogburn wraps vines on a tomato cage to produce the "honeysuckle Christmas tree."



Membership has its privileges at The North Carolina Aquariums and The North Carolina Zoo.

Aquarium membership

With an aquarium membership, you can get free admission year-round at three aquariums in North Carolina: Fort Fisher, Pine Knoll Shores and Roanoke Island. This membership package also includes free admission to the North Carolina Zoo in Asheboro plus over 100 other zoos and aquariums around the country. Members get a free North Carolina Aquarium T-shirt, special discounts on all activities and the gift shops. A membership provides extra support to the educational programs and environmental activities for all visitors.

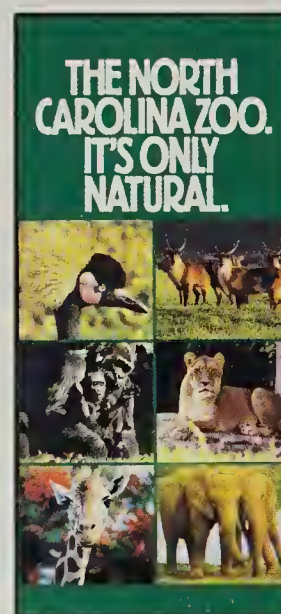
Members receive a newsletter with updates and facts about the North Carolina Aquarium. The aquarium offers five different packages from \$25 individual to \$1,000 benefactor memberships. To get a membership card and decal, contact the North Carolina Aquarium Society, 417 N. Blount St., Raleigh, NC 27601. Phone: 1-800-832-FISH.



Zoo membership

Members of the North Carolina Zoological Society get free admission to the zoo located near Asheboro and open every day of the year, as well as guest privileges, invitations to special events, trips and tours, and the society's quarterly magazine. A membership is good for free admission to over 125 other zoos and aquariums, discounts in gift shops and use of the private members' picnic decks.

With over eight different categories from \$29 individual to \$1,200 director, the zoo membership helps support wildlife conservation programs, habitat construction and plant and animal purchases. For more information, contact the North Carolina Zoological Society, 4403 Zoo Parkway, Asheboro, NC 27203. Phone: (910) 879-3963.

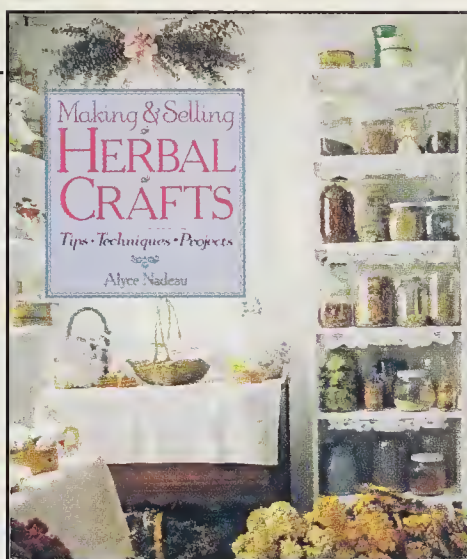


Making and selling herbal crafts

On a small herb garden in the Blue Ridge Mountains, Alyce Nadeau, a Blue Ridge Electric member, works with fresh and dried herbs to create everything from wedding bouquets to herbal teas. Every Saturday from the first of May to the end of October, she travels an hour to the Farmer's Market in Boone to sell her herbal crafts and desserts.

She compiled her techniques in a new book, "Making and Selling Herbal Crafts." With 130 color illustrations and detailed instructions, you can create more than 50 projects including pot-pourri and sachets, wreaths and gift baskets. This instruction manual also explains how to grow and dry herbs and flowers, gives tips on locating suppliers and tips for setting up a workshop, and offers packaging and advertising suggestions and marketing ideas.

The 128-page book is available in hardcover from bookstores for \$24.95, or Sterling Publishing Co., Inc., 387 Park Avenue South, New York, NY 10016; (212) 532-7160.



The five-diamond Fearrington House restaurant decorated for the season.

Celebrate at Fearrington

The elegant Fearrington House Inn offers a special Christmas package.

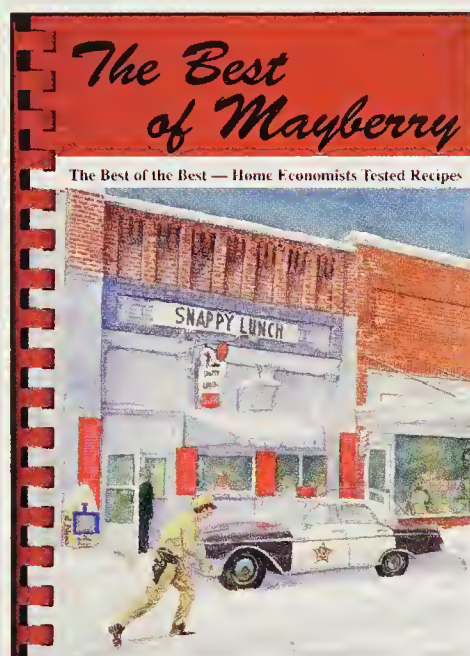
Located eight miles south of Chapel Hill, The Fearrington House Inn will accommodate guests on Dec. 24 for a two-night stay. Gifts of fine-milled soaps and lotions begin the vacation along with champagne and hors d'oeuvres receptions. A lavish breakfast and dinner at the five-diamond restaurant are Christmas Day highlights. Guests are free to explore the gardens and shops of the Village at Fearrington.

The Fearrington House Inn Christmas package is offered at \$295. For information and reservations, call (919) 542-2121.

"The Best of Mayberry"

Invoke Andy, Aunt Bea, Barney and Floyd the barber to your dinner table with this collection of recipes. "The Best of Mayberry" is a community cookbook authored by home economist Betty Conley Lyerly. It is a compilation of recipes from the heart of Mayberry with photographs and stories representing the history and charm of Mount Airy. Recipes range from pound-cakes to the Snappy Lunch Pork Chop Sandwich.

With 288 pages in hardcover and plastic comb binding, "The Best of Mayberry" is available for \$21.99 post-paid (N.C. residents add \$1.14 sales tax) from Betty Conley Lyerly, 125 Taylor Street, Mount Airy, NC 27030. Phone: (910) 789-4337.



It includes the Pork Chop Sandwich.

Go Nuts

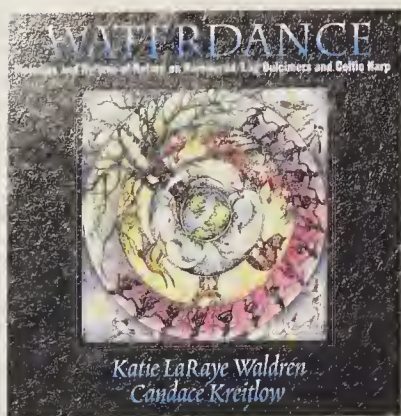
Two eastern North Carolina outlets can prepare gift packages of home-grown peanuts.

From raw to lightly salted to chocolate covered, Aunt Ruby's Peanuts are produced at the A&B Milling Company in historic Halifax County. Prices range from a 1-pound tub of roasted redskins at \$5.95 to four 2½-pound tubs of roasted redskins for \$40.80. The A&B Milling Company is located in Enfield. For information, special gift packages or a catalog, call (800) 843-0105.

Mackey's Ferry Peanut Co. in Washington County specializes in large, raw shelled peanuts, as well as such preparations as fried, sugar-coated and chocolate covered peanuts. Gift pack assortments (\$18.95 to \$32.95) also are available. A 5-pound burlap bag of shelled raw peanuts goes for \$9.95, a 24-ounce container of chocolate covered for \$8.50, plus shipping. Ask for a catalog and price list by contacting Mackey's Ferry Peanuts, Rt. 1, Box 302, Roper, NC. Phone: (919) 793-2993.



Gift packs from two of North Carolina's peanut houses.



Music that moves North Carolina

A collection of energetic and elegant instrumentals, "Waterdance" is a new recording of musical interpretations of nature and simple songs of the old world. Performing together as Heartwood, Katie Waldren and Candace Krietlow mix hammered and lap dulcimer with Celtic harp, guitar and fiddle. The idea of "Waterdance" is to transport listeners to times past and distant places through a blend of Irish jigs and Gaelic melodies.

"Waterdance" is available on cassette (\$9.95) or CD (\$14.95) from the Native Ground Music, Inc., 109 Bell Road, Asheville, NC 28805. Phone: (800) 752-2656.

A natural for children

"All life forms are different, but all are connected" is the idea behind this natural music video for children. Filmed in North Carolina, "Wild Song" uses images of different plants, animals and people for educational purposes.

Developed by the Nature Conservancy's North Carolina Chapter and the North Carolina State Museum of Natural Sciences, "Wild Song" introduces children to the different habitats and species in North Carolina through motivational music and lyrics. As part of an environmental education package, "Wild Song" is appropriate for students, parents and teachers.

"Wild Song" can be ordered by check (payable to The Nature Conservancy) for \$14.95 through The Nature Conservancy, N.C. Chapter, 4011 University Drive, Suite 201, Durham, NC 27707. Phone: (919) 403-8558.



Offshore Art inspired by nature

Founded by two artisans who love fishing and art, Offshore Art captures the essence of the shore.

From carvings to pencil drawings, Offshore Art comes in a variety of media. The artists, T. Carter Melton and Carol Jean Butler, live in coastal Dare County. Carter's work reflects his fishing experience and wildlife observations while Carol Jean gives her work a folk or primitive touch. Carvings are priced from \$50. For more information, contact Offshore Art, SR2 Box 307, Stumpy Point, NC 27978. Phone: (919) 473-2741.



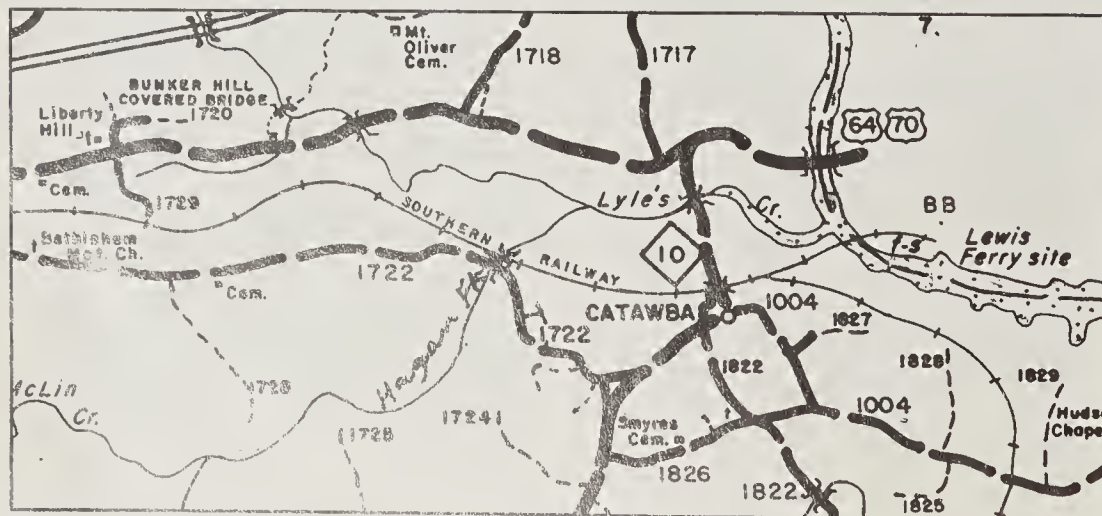
North Carolina maps, historical and otherwise

Carolina Maps by Mail carries the unique Stout Historical Research Maps of North Carolina counties made by the late Garland P. Stout of Greensboro. Each county map is printed on plastic-coated paper and comes with an index, a legend, a county formation chart, and the locations and founding dates of churches, towns, mills, cemeteries, bridges and rural post offices, among other sites and local features.

Maps range in size from 36 by 24 inches to 48 by 36 inches and come packaged in heavy cardboard tubes. They vary in price from \$16 to \$33.

Chuck Ketchie, a geographer, began working with Stout in 1980. After Stout died, Ketchie helped his widow, Lucy, sell the maps. In January 1996, Ketchie and his wife, Carol, acquired the business and continue the tradition of dating each map.

In addition to the Stout maps, Carolina Maps by Mail offers topographic, orthophotoquads, state and county maps. For a price list, contact Carolina Maps by Mail, 1101 Tuxedo Ct., Charlotte, NC 28211. Phone: (704) 366-9726.



Detail of the Stout historical map of Catawba County.

Gout rockers from Mast General Store

From fine pottery to berry baskets, the Mast General Store carries items that have a history behind them. The stores, which are themselves a legendary North Carolina attraction, are located in Valle Crucis, Boone,

Waynesville and Hendersonville.



One of Mast's most interesting conversation pieces is the gout rocker. Once a prescribed treatment for a painful foot joint ailment, the rocking stools were designed by

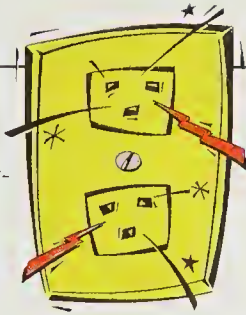
Harllee Rothenberger and Pat Reece. Since the creation of the first gout rocker nine years ago, Reece says that "no two rockers are exactly alike."

Gout rockers are available at the Mast General Stores for \$35.49. For more information about the stores, contact Mast General Store, Hwy. 194, Valle Crucis, NC 28691. Phone: (704) 963-6511.

Stop the surge

If you give or receive home electronic equipment this season, consider giving or requesting surge protection not only for the new equipment, but also for other electronics in your home.

As home appliances have become more sophisticated, they also have become more sensitive to normal electric occurrences. Voltage surges are short periods of high voltage or "spikes" of electricity that occur through power lines, telephones, TV antennas and cable TV lines. Even when equipment is turned off, high voltage surges can affect home electronic equipment.



TV lines.

Your electric cooperative can help you obtain these surge suppressors.

The best protection is to put a guard or surge suppressor both where electricity enters your home, as well as inside your home where equipment is connected.

Meter-based suppressors attach to your electricity meter and protect against surges that originate outside your home. UL-listed plug-in suppressors can help protect equipment from surges that occur through power, telephone or

Send Carolina Country

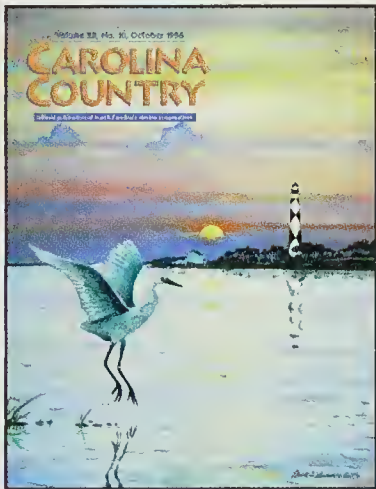
Carolina Country readers can order 1997 gift subscriptions of the magazine before the price rises on Jan. 1.

Most of North Carolina's electric cooperatives send the magazine to the households and businesses who have electric service accounts. Some cooperatives send it only to members who ask for it. Anyone else may have a year's subscription (12 monthly issues) for \$6, or two years for \$12.

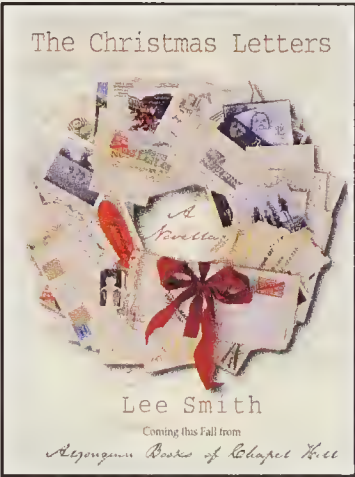
Beginning Jan. 1, subscriptions to the general public will cost \$8 for 12 issues.

The magazine appears the first of each month with news, information, illustrations, graphics, entertainment and advertising about the people and places of North Carolina. The magazine emphasizes matters concerning the electric cooperatives that have served rural and suburban parts of the state for half a century.

Gift subscriptions are available pre-paid only. Order early to allow time for notices to be sent by Christmas. If ordered before Dec. 31, send a check or money order for \$6 (\$12 for a two-year subscription), along with the name and mailing address of the recipient, plus the name of the giver, to Carolina Country, Subscriptions Dept., P.O. Box 27306, Raleigh, NC 27611. You may also use the coupon on page 30.



The Christmas Letters



The ubiquitous Christmas letter — something we all love or hate. Through the years, Lee Smith has saved all these good news letters and collected them into a novella. Her volume offers a funny and evocative story of three generations of women — an unfiltered close-up view of what happened between 1944 and 1996 to the traditional American marriage. In addition to the usual family details, the 126-page volume even include recipes, such as "Birdie's Boiled Custard."

Award-winning author Lee Smith teaches writing at N. C. State University. The book is available for \$12.95 (hard-cover) from bookstores or Algonquin Books of Chapel Hill, P.O. Box 2225, Chapel Hill, NC 27515-2225. Phone: (919) 967-0108.

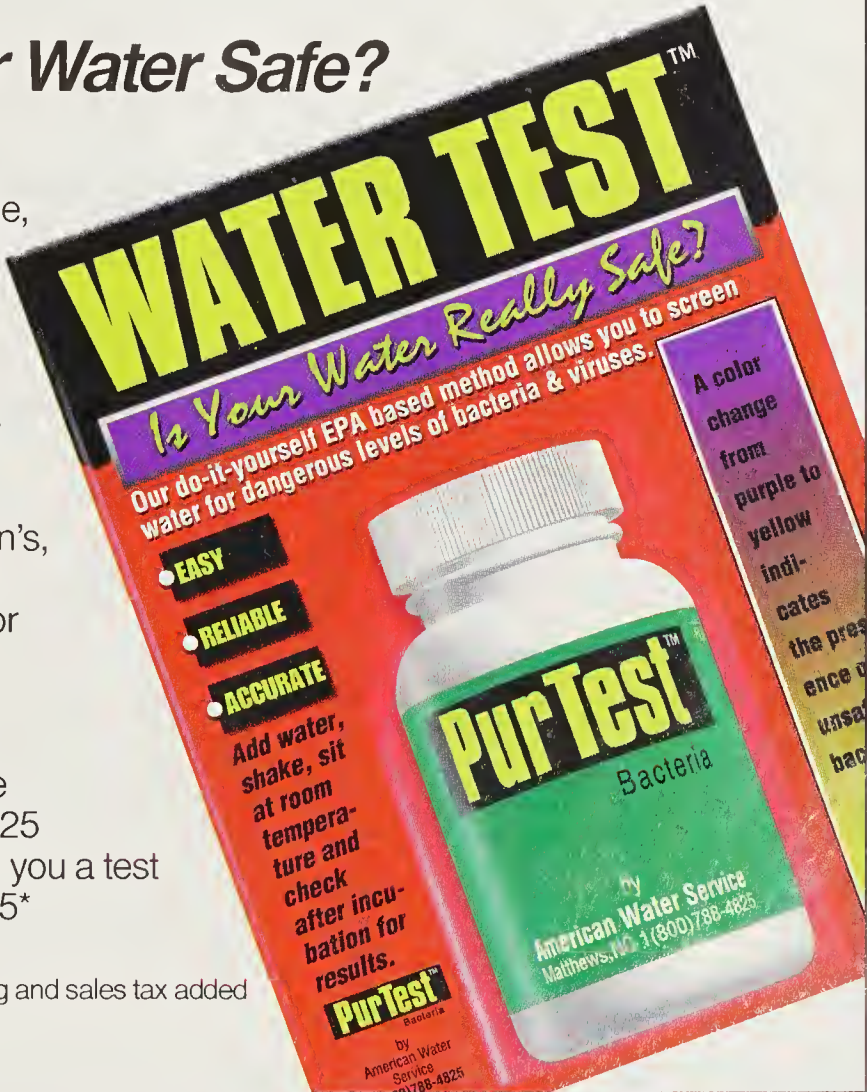
Is Your Water Safe?

Use our simple, reliable Bacteria Test to check the safety of your family's water.

Available at Kroger, Wilson's, Harris-Teeter, Hannaford's or Call:

American Water Service
1-800-788-4825
and we'll rush you a test for only \$12.95*

*shipping, handling and sales tax added as applicable



Holiday Gifts

From Carolina Kitchens



FRUIT HONEYS

- | | |
|---|--|
| <i>1/2 cup of your favorite fruit preserves/jam (some good ones to try are strawberry and blackberry)</i> | <i>1 cup honey
1/8 teaspoon cinnamon</i> |
|---|--|

For each fruit honey microwave the preserves on high for one minute or until melted. Stir in the remaining ingredients until well blended. Store in an airtight container in the refrigerator. Or put in canning jars for a nice gift.

Thanks to North Carolina State Beekeepers Association

SWEET POTATO CANDY

- | | |
|--|--|
| <i>2 cups firmly packed brown sugar
3/4 cup evaporated milk
1 tablespoon butter or margarine</i> | <i>1/8 teaspoon salt
1/2 cup mashed cooked sweet potatoes
1/2 cup chopped pecans</i> |
|--|--|

Combine sugar, milk, butter and salt in a 2-quart sauce pan. Cook over low heat, stirring until sugar dissolves. Wash off sugar crystals that have formed on the sides of the pan, using a brush dipped in cold water. Continue to cook, stirring occasionally until mixture reaches a firm ball stage (around 244° F.).

Remove from heat and cool to lukewarm (around 110° F.). Add sweet potatoes and beat at medium speed on mixer until mixture thickens. Stir in pecans and then pour candy into a greased (preferably buttered) serving platter. Cool and then cut into 1-inch squares.

Place the finished product into a decorative holiday tin for gift-giving.

Thanks to the North Carolina Sweet Potato Commission

PEANUT BUTTER FUDGE

- | | |
|---|--|
| <i>2 cups milk chocolate chips
1 jar (12-oz.) crunchy peanut butter</i> | <i>1 can (14-oz.) sweetened condensed milk</i> |
|---|--|

Melt chocolate chips and peanut butter in top of a double boiler. Remove from heat. Stir in condensed milk until well blended. Pour into waxed paper-lined 8-by-8-inch dish. Chill until firm and then cut into squares. Place these tasty treats on a decorative holiday plate for gift-giving.

Thanks to the North Carolina Peanut Growers Association

VEGETABLE DIP

- | | |
|--|--|
| <i>1 large cucumber peeled and quartered
1 container (8-oz.) of cottage cheese
1 package (8-oz.) of cream cheese</i> | <i>1 cup chopped pecans
1 package of ranch-style dressing mix
2 teaspoons garlic powder
2 teaspoons onion powder</i> |
|--|--|

In a blender or food processor, combine all ingredients and process until cucumber and pecans are pureed. Cover and refrigerate until well chilled. Serve with fresh vegetables or combine in a nice vegetable basket for giving.

Thanks to the North Carolina Vegetable Growers Association

EGG NOG COOKIES

- 2 1/4 cups flour
1 tsp. Baking powder
1/2 teaspoon ground cinnamon
1/2 teaspoon ground nutmeg
1 1/4 cups sugar
3/4 cups salted butter, softened
1/2 cup egg nog
1 teaspoon pure vanilla extract
2 large egg yolks
1 tablespoon ground nutmeg*

Combine flour, baking powder, cinnamon and nutmeg. Mix well and set aside. Cream sugar and butter with an electric mixer until it forms a grainy paste. Add eggnog, vanilla and egg yolks and beat at medium speed until smooth. Add flour mixture and beat at low speed until combined (do not over mix, stop when everything is mixed). Crop by rounded teaspoonfuls onto ungreased baking sheets. Sprinkle lightly with nutmeg. Bake for 23-25 minutes at 300° F. Cool on a flat surface immediately.

You can place these festive cookies in a tin or pretty cloth-lined basket.

Thanks to the American Dairy Association of North Carolina.

FRUIT DRESSING

- 1 can (14-oz.) sweetened condensed milk
2 cups lemon-flavored yogurt
1/4 teaspoon salt
1/8 teaspoon ground white pepper*

Mix all ingredients in a small bowl together until well blended. Store in an airtight container in the refrigerator. This makes a nice complement to a homemade fruit basket.

Thanks to the North Carolina Strawberry Association

**As
Heard On
Paul Harvey**



"After three back surgeries...I thought I would never again have a good night's sleep. Thanks to Select Comfort, I can now look forward to going to bed."

—Conrad H., Graham, TX



*Patented
Air Chamber
Design!*

Back Pain Sufferer? Sleep More Comfortably!

"I have major back problems, and have tried all types of mattresses, including the most expensive waterbed. Select Comfort gave me the best night's sleep I have had in years."

—James C., Moss Point, MS

The SELECT COMFORT® sleep system. It's not just a better mattress, but a better way to sleep. Even back pain sufferers can sleep more comfortably!

The Select Comfort Sleep System doesn't rely on springs or water, but on a cushion of air. Air gently contours to your body's shape, reducing uncomfortable pressure points, and tests show it also helps properly support your back and spine.

*The Mattress with Easy
Push Button Firmness Control!*



SELECT COMFORT® sleep systems comfortably contour to your body, properly support your back and spine, and reduce pressure points.



Metal coil mattresses can create uncomfortable pressure points and provide uneven support over time.

TRY IT FOR 90 NIGHTS!

We're so sure you'll sleep better on air, you can take up to three months to decide, or your money back. You've got to sleep on it to believe it!

For a FREE VIDEO and Brochure, call now!

1-800-831-1211
Ext. 7007

Yes! Please rush me a FREE Video and Brochure.

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____ Ext. 7007


SELECT COMFORT®

Mail to: **Select Comfort Direct Corporation**
6105 Trenton Lane North, Minneapolis, MN 55442

© Select Comfort Direct Corp. 1996

An Important Announcement to North Carolina Homeowners with Equity . . .

What Would You Do With An Extra \$3,600 to \$12,000 per year?

How to Get a Fast Mortgage Loan To Pay Off All Your Bills** (Even If You've Been Turned Down By A Bank Or Mortgage Company)

Rockingham, N.C. - Ray and Becky were frustrated. They'd bought the house 12 years ago and it was five years old when they moved in. Becky laughed out loud when she thought back to that time. Back then it seemed so big and beautiful. But now, 12 years and 3 kids later, the house felt small and run down. The house needed a new roof and her two youngest girls, Emily and Katie, were doubling up in the small 10 x 12 bedroom. Five years ago, Ray and Becky had a contractor come and talk to them about a new addition. Becky remembered how excited she and Ray both were. They even paid to have the plans drawn up. But that was the year before Ray lost his job at the plant. She poured herself another cup of coffee and recalled how depressed they both were. It was over a year before he got another job. And during that time, they got behind on everything.

No Summer Vacation

They were so strapped for money one summer, they couldn't even take Emily and Katie to the beach for a few days for their annual vacation. Sure they finally got all caught up when Ray went back to work, it took them two years and by that time it had ruined their previously perfect credit record, it was a vicious cycle. You know, getting paid on Friday, sitting down on Saturday to pay bills and running out of money before all the bills are paid.

"I Hit A Brick Wall"

After they got caught up they tried again to borrow the money for the addition. First they got turned down by the local bank, then a mortgage company in town rejected them. They just kept hitting the same brick wall. Even though Ray had gone back to work in another carpet mill making MORE money, the late payments that showed up on his credit reports scared the local banks and mortgage companies away. Ray felt like he was working JUST to pay his monthly bills and doing nothing for himself, Becky or the kids. Then he ran into Harvest Mortgage Company. Harvest helped him get a loan to pay off all his bills and consolidate everything into one single payment that was \$358 lower than he had been making. That saved him a whopping \$4,296 per year. TAX FREE. In the first year, that was enough money to close in the back porch, AND enough left over for new bikes for the kids.

Home Equity is the Key



Carole Eskew, Sr., V.P.

"If you have a minimum of 20% equity or more, there's a good chance we can help you save a lot of money every month by combining old bills and your old mortgage into one

new and much lower payment. Or, we can help you get cash out of your home to buy a vacation home, start a business, whatever."

Compare your budget to this:

Amt.	Owed	Payment
\$12,000	2nd Mortgage	\$200 ⁰⁰
8,500	Auto Loan	375 ⁰⁰
2,000	VISA	100 ⁰⁰
2,000	MasterCard	100 ⁰⁰

\$25,000 Current Payment \$775⁰⁰

-After Harvest Mortgage -

New Payment: \$187⁸²/mo.

APR 9.077% / 30 yr. term

You Save: \$587¹⁸/mo., \$7,046.16/yr.

** Rates subject to change*

"I couldn't believe it. We closed our loan 9 days after the first day I talked to them on the phone."

Debbie C., Dallas

"We ended up paying off all our bills and rolling them all into one single payment. After we did, our total monthly payments dropped by almost \$400 per month."

Billy and Judy., Columbus

"Thanks to you and your great company, we feel reborn. Words can not express the relief we feel. We are so glad this battle with the bills is almost over."

James and Laurie C.

Recent Loans Include:

- A \$45,000 loan to a borrower in bankruptcy.
- A \$100,000 loan to a borrower who couldn't verify income through tax returns.
- A \$95,000 bill-consolidation loan that saved the borrower over \$8,100 per year and a whopping \$124,000 over the loan period.
(No singlewides, please)

No Ivory Towers

"When you apply for a loan at Harvest Mortgage, your loan request is reviewed and decided upon by the people right in our office," says a Harvest executive. He added, "Since we are direct lenders, we don't send the information to some guys off somewhere in New York or California. We review and approve loans right here in town locally."

Fast Approval and Closing

That means we can get your loan closed in a matter of days, and you never have to go out of your living room until you're ready to close."

Loan For Purchase or Refinance

Harvest Mortgage officials report that whether you are buying, refinancing a house, just looking to consolidate some bills, get cash for your property, they have created programs to give you the money you're looking for.

Different loan programs include:

- Loans to Borrowers with good credit, with the most competitive rates in the country. These are available for purchasing a new home or refinancing.
- Loans to borrowers with a lot of equity homeowners who have slow credit or have even been bankrupt.
- Cash out loans for investment property with a lot of equity.
- Loans for borrowers who want to do additions or remodel their homes.

Check This Out For Free

To see how much money you may be able to get and exactly how much your payments would be, you can check it out by just picking up the phone and calling us. Be sure to ask for Carolyn Reich. 1-800-972-LEND (5363). Or for a FREE report on HOW Harvest Mortgage can work for you, call toll-free 1-888-697-LOAN (5626) for a 24-hour recorded message. All of this doesn't cost you a dime so you owe it to yourself. Don't put this off any longer. Do it now while you're thinking about it! You have nothing to lose and everything to gain. Call Now!

Harvest Mortgage Company Inc. Mortgage Bankers

North Carolina Residential Mortgage Licens
**Subject to Qualification

1-800-972-LEND (5363)



Fidelity and Guaranty Life Insurance Company
100 E. Pratt Street, Baltimore, Maryland 21202

A WHOLLY OWNED SUBSIDIARY OF USF&G CORPORATION



Introduces

AFFORDABLE LIFE INSURANCE

The Best Idea For... Personal Insurance - Business Insurance - Mortgage Protection

NON-TOBACCO RATES

*Copyright © 1/90 All Rights Reserved

MONTHLY RATES									MONTHLY RATES								
Issue Age	\$50,000		\$100,000		\$250,000		\$500,000		Issue Age	\$50,000		\$100,000		\$250,000		\$500,000	
	Male	Female	Male	Female	Male	Female	Male	Female		Male	Female	Male	Female	Male	Female	Male	Female
0	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95	48	21.08	15.39	28.39	20.49	59.71	41.86	113.90	78.20
1	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95	49	22.48	16.70	30.52	21.76	64.60	44.41	123.68	83.30
2	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95	50	24.01	17.64	32.81	23.12	69.91	47.81	134.30	90.10
3	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95	51	25.63	18.70	35.36	24.74	75.86	51.43	146.20	97.33
4	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95	52	27.29	19.85	38.08	26.52	82.24	55.25	158.95	104.98
5	8.50	8.50	11.90	11.90	22.74	22.74	39.95	39.95	53	28.77	21.08	41.06	28.39	89.04	59.71	172.55	113.90
6	8.54	8.50	12.07	11.90	22.74	22.74	39.95	39.95	54	30.26	22.48	44.29	30.52	96.90	64.60	188.28	123.68
7	8.59	8.50	12.24	11.90	22.95	22.74	40.38	39.95	55	31.71	24.01	47.77	32.81	104.98	69.91	204.43	134.30
8	8.67	8.50	12.50	11.90	22.95	22.74	40.38	39.95	56	33.83	25.63	51.34	35.36	113.26	75.86	221.00	146.20
9	8.80	8.50	12.67	11.90	23.16	22.74	40.80	39.95	57	36.21	27.29	54.91	38.08	121.34	82.24	237.15	158.95
0	8.93	8.50	12.84	11.90	23.16	22.74	40.80	39.95	58	39.06	28.77	58.91	41.06	130.48	89.04	255.43	172.55
1	9.14	8.54	12.92	12.07	23.38	22.74	41.23	39.95	59	42.42	30.26	63.92	44.29	141.95	96.90	278.38	188.28
2	9.39	8.59	13.01	12.24	23.59	22.95	41.20	40.38	60	46.20	31.71	70.21	47.77	156.40	104.98	307.28	204.43
3	9.69	8.67	13.09	12.50	23.80	22.95	42.08	40.38	61	50.28	33.83	77.86	51.34	173.61	113.26	341.70	221.00
4	10.03	8.80	13.18	12.67	24.01	23.16	42.50	40.80	62	54.66	36.21	86.45	54.91	192.95	121.34	380.38	237.15
5	10.41	8.93	13.35	12.84	24.44	23.16	43.35	40.80	63	59.25	39.06	96.14	58.91	215.05	130.48	424.58	255.43
6	10.88	9.14	13.86	12.92	25.71	23.38	45.90	41.23	64	64.13	42.42	107.36	63.92	240.76	141.95	476.76	278.38
7	11.39	9.39	14.62	13.01	27.84	23.59	50.15	41.65	65	69.62	46.20	120.36	70.21	270.94	156.40	536.35	307.28
8	11.99	9.69	15.56	13.09	29.96	23.80	54.40	42.08	66	74.89	50.28	134.90	77.86	305.15	173.61	604.78	341.70
9	12.67	10.03	16.49	13.18	32.51	24.01	59.50	42.50	67	80.96	54.66	150.54	86.45	342.98	192.95	680.43	380.38
0	13.39	10.41	17.51	13.35	34.85	24.44	64.85	43.35	68	88.02	59.25	168.05	96.14	384.84	215.05	764.65	424.58
1	14.11	10.88	18.45	13.86	37.19	25.71	68.85	45.90	69	96.22	64.13	187.68	107.36	431.59	240.76	857.65	476.00
2	14.96	11.39	19.47	14.62	39.31	27.84	73.10	50.15	70	105.44	69.62	206.13	120.36	483.65	270.94	961.25	536.35
3	15.39	11.99	20.49	15.56	41.86	29.96	78.20	54.40	71	136.30	74.89	234.09	134.90	537.84	305.15	1070.15	604.78
4	16.70	12.67	21.76	16.49	44.41	32.51	83.30	59.50	72	176.16	80.96	260.95	150.54	598.83	342.98	1192.13	680.43
5	17.64	13.39	23.12	17.51	47.81	34.85	90.10	64.18	73	222.49	88.02	290.87	168.05	666.61	384.84	1327.70	764.15
6	18.70	14.11	24.74	18.45	51.43	37.19	97.33	68.85	74	272.55	96.22	323.85	187.68	741.20	431.59	1476.88	857.65
7	19.85	14.96	26.52	19.47	55.25	39.31	104.98	73.10	75	323.68	105.44	359.72	206.13	822.59	483.65	1639.75	961.78

For amounts available upon request. Premiums are standard rates based on applicant's age at issuance of policy. Policies are non-cancelable as long as premiums are paid. Premiums may be paid annually, semi-annually, and monthly bank draft only. (A no cost medical exam may be required depending on age, health, or amount of coverage desired). Policies \$50,000 and above, T-10, (Ten year Term), Policy Form No. FGL 2796-U (2-85), Level Death Benefit to age 95. Based on current assumptions, rates are projected to remain level for 10 years, and increase every 10 years until maturity. Current rates are guaranteed for the first 5 years. After 5 years, rates may be adjusted. Policy will automatically renew every 10 years without evidence of insurability. Last renewal period terminates at age 95. Policies underwritten by Fidelity and Guaranty Life Insurance Company (F & G Life), Baltimore, MD 21202. Established in 1959. Rated A-(Excellent) by A.M. Best Company*. Over \$3 Billion in assets and \$12 Billion in surplus in force. This is an offer to solicit the sale of life insurance. Tobacco rates available upon request.

NOT AVAILABLE IN ALL STATES

*An opinion, not a recommendation

APPLICATION REQUEST FORM

The Information you provide will be kept in strict confidence.

NAME _____

ADDRESS _____

STATE _____ ZIP _____

DATE OF BIRTH _____ MALE _____ FEMALE _____

TYPE OF INSURANCE DESIRED _____ TOBACCO _____ NON-TOBACCO _____

PHONE _____ WORK PHONE _____

INSURANCE AGENT _____

When a conversation is needed, the best time to call me is:

☒ Morning ☐ Afternoon ☐ Evening (☐ Home ☐ Work)

How to pay premiums: ☐ Annually ☐ Semi-Annually ☐ Monthly Bank Draft

PLEASE SEND ADDITIONAL APPLICATIONS FOR:

NAME _____

DATE OF BIRTH _____ MALE _____ FEMALE _____

TYPE OF INSURANCE DESIRED _____ TOBACCO _____ NON-TOBACCO _____



Mail to:
Jim Olson, agt.
Processing Center
P.O. Box 5288
River Forest, IL 60305

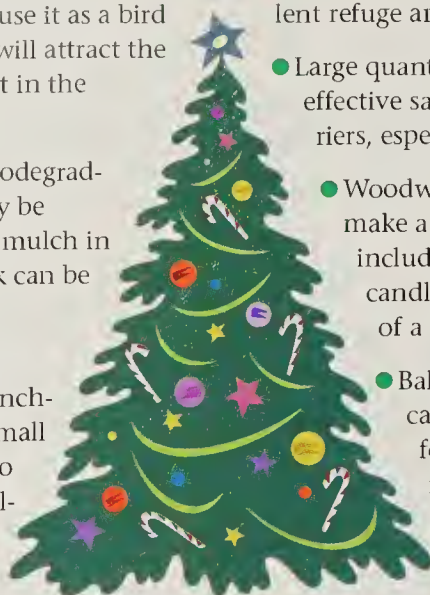
For More Information
Call toll-free

1-800-565-4165

For Priority Service - Fax:
(708) 445-0420

What can you do with a Christmas tree after the holidays?

- Place the Christmas tree in the garden or backyard and use it as a bird feeder. Orange slices will attract the birds, and they can sit in the branches for shelter.
- A Christmas tree is biodegradable. Its branches may be removed and used as mulch in the garden. The trunk can be chopped for mulch.
- Fir tree foliage can be stripped from the branches and snipped into small pieces for stuffing into aromatic fir needle pillows, for a sofa or bedroom.
- Sunk into fish pond, trees make excellent refuge and feeding areas.
- Large quantities of used trees make effective sand and soil erosion barriers, especially at beaches.
- Woodworking hobbyists can make a multitude of items including buttons, gavels and candlesticks from the trunk of a recycled Christmas tree.
- Balled and potted trees can be planted in the yard for added years of enjoyment. Be sure to check the species that will grow best in your area.



A recipe for Christmas ornaments

Ingredients:
8 cups of flour
3 cups water
2 cups salt



Mix flour and salt. Add water. Mix and knead. Roll the dough out and don't forget to poke holes for the string. Either place dough on floured waxed paper and dry overnight or bake on an ungreased cookie sheet at 300° F. Bake thick shapes at 1 hour, thin shapes at ½ hour. Paint when dry. Lacquer finished product, painted or not.

Advice for holiday decorating

Poinsettias mean a lot to North Carolina

North Carolina ranked second in the nation in total quantity of poinsettia pots sold in 1993. That was 4.3 million pots, compared to 1.6 million pots sold in 1985.

Four percent of the crop is sold retail while the rest is sold to wholesalers who then sell to retail outlets. There are approximately 67 poinsettia producers in the state.

Poinsettias are grown in five different colors: red, pink, white, marble, and yellow.

A widespread belief is that poinsettias are poisonous. This is not true. The Society of American Florists and Ohio State University conducted a scientific investigation disproving the charge that poinsettias are harmful.

The poinsettia is a native plant of Mexico and is believed to have originated in a region near present-day Taxco. The legend has it that a poor Mexican girl named Pepita had no gift to give to the Christ Child at a Christmas Eve service. Pepita was upset and saddened by this fact and her cousin, Pedro, tried to console her. He told her that

even a humble gift if given in love would be acceptable in the Christ Child's eyes.

So Pepita gathered a bouquet of common weeds along the way to the church for it was the only gift she could afford to give. As she entered the church and approached the altar she began to feel better. She forgot the humbleness of her gift and laid the weeds at the Christ Child's feet. Suddenly, Pepita's weeds burst into red blooms. This event became known as Flores de Noche Buena, "Flowers of the Holy Night."

This flower was widely used in Mexico for the holidays by 1825 when an American, Joel Roberts Poinsett, became the first United States Ambassador to Mexico. While visiting Taxco he was impressed with the brilliant red plants that he found blooming there in December. He had some of the plants shipped to his native home of Greenville, S.C., where he cultivated them in greenhouses and shared them with his friends.

How to choose and care for poinsettias

- Look for healthy, dark-green foliage all the way down the stem.
- The tiny buds in the center of the plant should be green and tightly closed.
- Place plants in a bright spot, with no direct sunlight.
- Keep the plants watered. If the plants dry out even once their leaves may yellow and fall out.
- Do not over-water, this could also harm your poinsettia. The soil should be lightly moist to the touch.
- Provide room temperature between 68 – 70° F.
- If you transport your poinsettia, use a large roomy shopping bag to protect it.
- Fertilize your plants after the blooming season with an all-purpose fertilizer.
- Repot them as needed.
- If you cut your own poinsettias, remember to cut plants with stems at least 12 to 18 inches long. And to keep stems fresh, you will need to make a clean cut with a knife and then pass the stem end through a candle's flame until it singes the end to keep the milky white sap from flowing.

Thanks to Emily Vinagre and the N.C. Department of Agriculture for help in compiling this information.

Books

by Peggy Howe



For the readers
on your list.

North Carolina Barbecue: Flavored by Time

Bob Garner, 160 pages

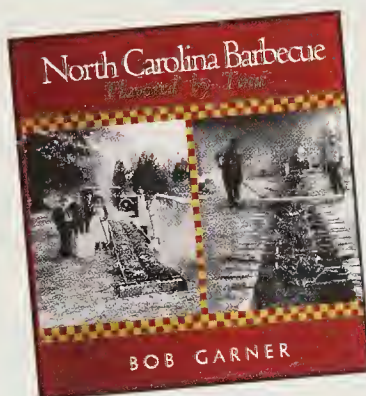
A new book celebrates a 300-year old barbecue heritage. Bob Garner offers a treatise on this North Carolina institution, where opinions about the best barbecue, like political attitudes, are passed down solemnly from one generation to the next in the small towns and farming hamlets across eastern and piedmont North Carolina.

Garner covers the two distinctive barbecue styles developed in North Carolina: whole hog in the coastal plain, shoulders only in the Piedmont. The various sauces, plus the side dish variations, are grist for an endlessly revolving mill of barbecue debate, he says.

Garner, a barbecue judge certified by the North Carolina Pork Producer's Association, covers various pig cooking contests and festivals, eastern and western style barbecue, mouth watering recipes on preparing your own and a listing of some outstanding barbecue restaurants across the state. Black and white photographs, postscript and an index complete the text.

Since 1990 Garner has been a reporter and producer for UNC-TV "This Week." Currently he produces features for "North Carolina Now" at UNC-TV in Chapel Hill. He lives with wife, Ruthie, in Burlington.

Available for \$19.95 (hardcover) from bookstores or from John F. Blair Publisher, 1406 Plaza Drive, Winston-Salem, NC 27103; (800) 222-9796.



Carolina Moon

Jill McCorkle, 288 pages

Jill McCorkle's fifth novel is set in fictional Fulton, N.C., near where she grew up, in a town near both the ocean and a river. The novel involves all Fultonians, whose lives and problems intersect at a single place, Queen's Place.

Entrepreneur Queen Purdy, energetic, voluptuous, free spirited and well past 60, tries to solve all the problems of the townspeople: overweight, smoking and lots more. It's the story of how "she learned to play God and get away with it."

A Lumberton native and graduate of the University of North Carolina at Chapel Hill, McCorkle lives near Boston and teaches creative writing.

Available for \$18.95 (hardcover) from bookstores or Algonquin Books of Chapel Hill, P.O. Box 2225, Chapel Hill, NC 27515-2225; (919) 967-0108.



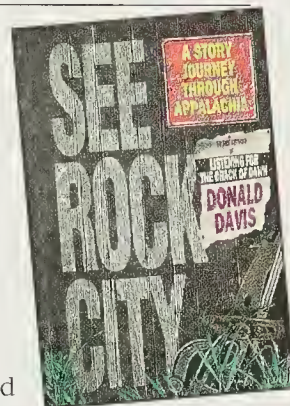
See Rock City: A Story Journey Through Appalachia

Donald Davis, 256 pages

Donald Davis deftly recreates small town America of not so long ago. This newest collection and sequel to his award-winning "Listening For the Crack of Dawn" continues the saga of the memorable people of 1950s Sulphur Springs, N.C. Hilarious characters combined with a compelling mixture of tension and epiphany make story-telling magic.

Davis, a native of western North Carolina and one of the nation's most sought-after storytellers, now lives on Ocracoke Island.

Available for \$22.95 in hardcover, \$12.95 in softcover, and \$12 in audiocassette from bookstores or from August House Publishers, P.O. Box 3223, Little Rock, AR 72203; 800-284-8784.



The Woodwright's Apprentice: 20 Favorite Projects from the Woodwright's Shop

Roy Underhill, 197 pages

With four previous books and his popular 16-year PBS TVseries, "The Woodwright's Shop," Roy Underhill has inspired millions to take up chisel and plane to craft traditional pieces. In his newest book he returns with instructions for handcrafting an appealing selection of projects from the American woodworking tradition.

Beginning with a workbench, each successive project builds new skills for the apprentice woodworker — from frame construction to dovetailing, turning, steambending and carving. Among items featured are an African chair, a telescoping music stand, a walking stick chair, a revolving Windsor chair, sailor's sea chest and tool tote.

Designed both for novices and more seasoned woodworkers, the book includes step-by-step directions, tools and terms, measured drawings and easy-to-follow photographs. Enhancing the text are a glossary of terms, appendixes covering contents of previous books, lists of tool and trade groups, mail order tool companies, bibliography and index.

Underhill, former master housewright at Colonial Williamsburg, lives in Williamsburg, Va. In 1979, he created the Woodwright's Shop series, one of the first. Produced by the University of North Carolina Center for Public Television the series has aired nationally since 1981.

Available for \$12.95 (softcover) from bookstores or the University of North Carolina Press, P.O. Box 2288, Chapel Hill, NC 27515-2288; (800) 848-6224.





North Carolina's electric cooperatives

are on the World Wide Web.

What's There Now?

-  **Who We Are** — a general description of the network of North Carolina's electric cooperatives.
-  **Distribution Cooperatives** — individual summary pages for each cooperative.
-  **Community Services** — samples of co-op activities in their communities, including Bright Ideas.
-  **Carolina Country** — an events calendar, selected articles, subscription offer.
-  **Press Releases** — recent news that can be downloaded.
-  **Business and Industry** — economic development opportunities, including available business sites.
-  **Links** — immediate connection to other Web sites, including sites maintained by member cooperatives.



What's There Next?

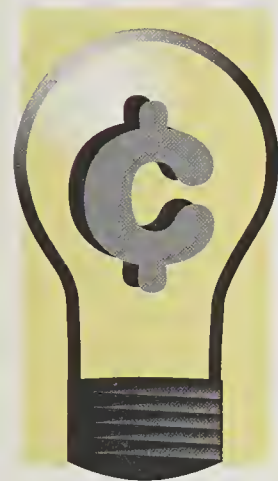
North Carolina Electric Membership Corporation will continue to develop the site:

-  **Update and maintain existing pages**
-  **Connect to new Links**
-  **Establish new uses for on-line and interactive communication**

We'll see you on the Web! Let us know what you think.

Making Cents of Your Electric Bill

by James Dulley



Save 10% to 30% on heating and cooling.

Programmable thermostats

Prices of "smart" programmable thermostats have dropped substantially while the quality has improved and the array of features has expanded. Even if you are all thumbs when it comes to operating electronic devices, you will have no trouble programming one of these new smart thermostats.

Many smart thermostats will pay back their cost with utility bills savings in just several months. Depending on your climate, a double 8-hour, 10-degree winter setback can save from 15 to 35 percent and a double 5-degree summer set-up can save from 10 to 30 percent on your heating and cooling bills.

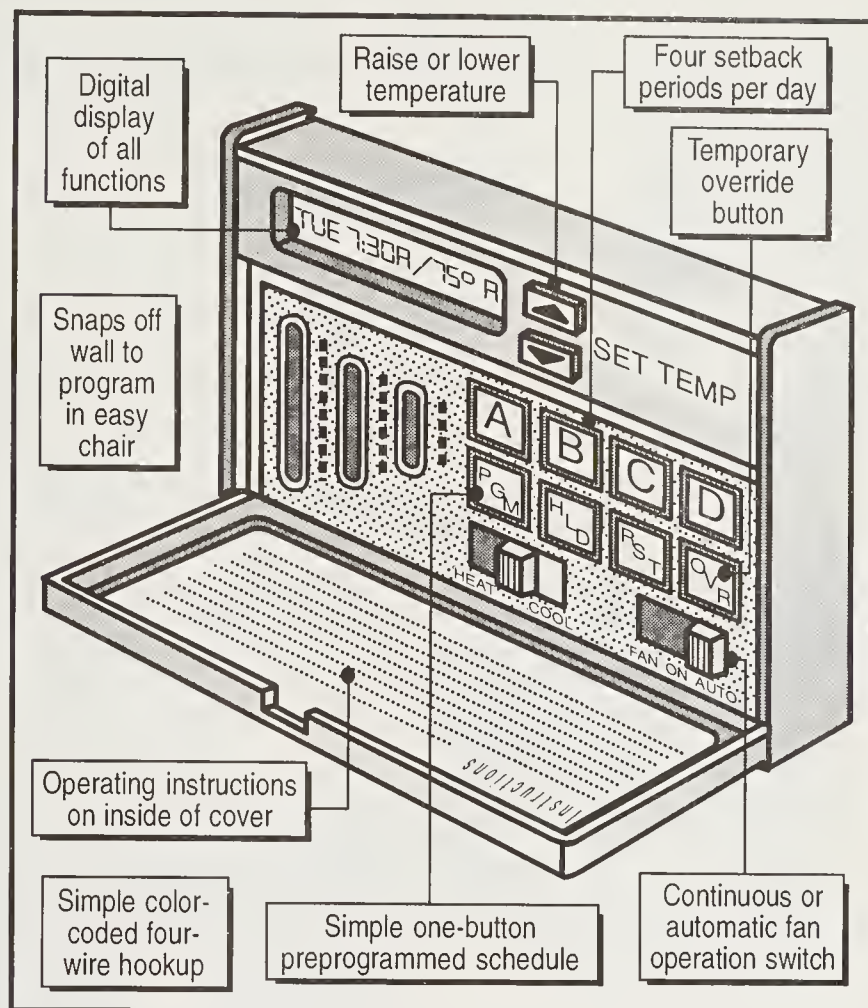
What is nice about these newer smart thermostats is that the savings come without the sacrifice of comfort or convenience. In fact, comfort is often better because these thermostats hold room temperatures even.

In the winter, you can set the smart thermostat so your house is toasty warm when you go to bed. The thermostat automatically allows the house to cool down over night while you sleep. The computer inside the thermostat heats up the house again just before you awake in the morning.

The most efficient and smartest thermostats (intelligent recovery) remember how long it took to reheat your house the previous morning. They automatically adjust and start the furnace at just the right time so your house is warm when you awaken. Warming it up too early, from a timer alone reduces the overall energy savings.

New smart thermostats are simple to program. It takes about five minutes. If you are really inept at this, choose one with a built-in setback program. You just push one button for a basic generic winter/summer setback schedule. With battery backup and "arm chair" programming features, the thermostat can be snapped off the wall and conveniently programmed anywhere.

If you have a heat pump, do not just manually lower the temperature setting on your standard thermostat each night. Doing this may cause the backup auxiliary electric heaters to come on in the morning to reheat the house. This ends up using more electricity than you saved over night.



New simple-to-program thermostat saves year-round

Smart heat pump thermostats have special circuitry to allow the house to reheat slowly in the morning without kicking on the auxiliary heater. If it reheats too slowly on a very cold morning, it will cycle the auxiliary heaters on if needed.

When selecting which smart thermostat to buy, consider the number of different daily time/temperature schedules your family needs. The basic schedule options are 5-plus-2 (one schedule weekdays and one for weekends), 5-plus-1-plus-1 (one for weekdays, one for Saturday and one for Sunday) and 7-day (a different schedule for each day). Some 7-day models have a "copy day" programming button to repeat a schedule to simplify programming.

Many smart thermostats have four schedule periods per day — wake, day, evening and sleep. A typical schedule may be:

Wake — warm the house by 6 a.m.

Day — lower the temperature at 8 a.m. after the children leave for school and the parents for work

Evening — reheat the house at 3:30 p.m. when the children return home

Sleep — lower the temperature again at 11 p.m. when you go to bed.

Some smart thermostats, like the one in my house, have an instant override button to temporarily bypass the set schedule without reprogramming it.

There are several additional features to consider. Consider a backlit digital display if you have difficulty seeing LCD displays. Some models have a filter-change light to signal you when it is time to change it. Forgetting to change a filter turns your heating and air-conditioning system into an energy guzzler.

Write for Utility Bills Update No. 783 showing a buyer's guide of nine smart thermostat manufacturers listing number of daily time/temperature schedules and temperature settings, features, prices and a chart showing the savings. Please include \$2.00 and a business-size self-addressed stamped envelope. Send to James Dulley, Carolina Country, 6906 Royalgreen Dr., Cincinnati, OH 45244.

©1996 by James Dulley, an energy expert and syndicated columnist.

National study finds no proof that power lines harm health

In 17 years of research, scientists have found no hard proof that electric power lines near homes are a health hazard, the National Research Council said in late October.

"Specifically, no conclusive and consistent evidence shows that exposures to residential electric and magnetic fields produce cancer, adverse neurobehavioral effects or reproductive and developmental effects," the council said in a report reviewing 500 previous studies.

The studies focused on health effects of magnetic fields—considered the main potential threat—created by power lines, wires and electric appliances such as hair dryers, microwave ovens and computer terminals.

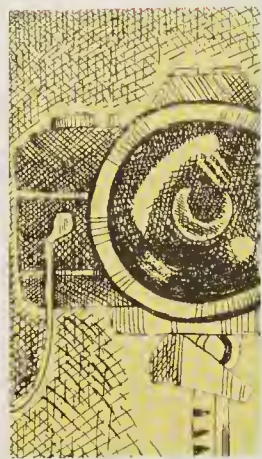
Concern about electromagnetic fields grew after research in 1979 found that children living near power lines had higher rates of leukemia than other children. But the council said childhood leukemia research to date was flawed because it measured exposure by esti-

imating magnetic fields inside homes based on the distance of the power lines from the homes, current correlation to ratings of the wires outside the home.

"No evidence links contemporary measurements of magnetic-field levels to childhood leukemia," the report said. Calling for more research, the council said the leukemia tie might instead be due to other factors, such as the age of homes, pollution and heavy traffic in areas near power lines.

"Science can never really prove that anything is safe," David Savitz, a professor of epidemiology at the University of North Carolina, told a news conference. With this report, he said, scientists have simply "failed to find a hazard."

The three-year review was called for by Congress and sponsored by the Energy Department. While utilities felt vindicated by the report, they said they hoped it would not discourage Congress from continuing to fund a five-year joint government and industry research program on electromagnetic fields that began in 1994.



Carolina Country news.

"Winter Morning"

Prints of a David E. Doss watercolor created to support the SciWorks Environmental Park of Forsyth County have been reproduced in a limited release. "Winter Morning" is a 21-by-12½-inch image and is available in signed and numbered prints (\$90) and artist proofs (\$110). For more information, contact Mid-Atlantic Marketing, 1429 Woodford Rd., Clemmons, NC 27012. Phone: (910) 722-0066.



Cultural exchange with Israel continues into 1997

Twenty-one of North Carolina's leading cultural institutions are collaborating to present a historic exchange with Israel. The Israel-North Carolina Cultural Exchange includes exhibitions, film festivals, artist residencies, concerts and related public programs.

Programs began this summer and extend into 1997. For more information on the remaining schedule, contact the following:

Chapel Hill: "Ketav: Flesh and Word in Israeli Art" at Ackland Art Museum through Dec. 29. (919) 966-5736.

Charlotte: "A Delicate Balance: Six Israeli Photographers" at The Light Factory through Dec. 29; and "North Carolina to Israel Photographic Project" at The Light Factory, Jan. 11-March 9. (704) 333-9755.

Durham: "Jerusalem and the Holy Land Rediscovered: The Prints of David Robert (1796-1864)" at Duke University Museum of Art through Dec. 29. (919) 684-5135.

Raleigh: "Textiles: Innovation and Tradition: Bedouin, Israeli, Palestinian" at Visual Arts Center, N.C. State, through Dec. 20. (919) 515-3503.

Raleigh: "Sephoris in Galilee: Crosscurrents of Culture" at N.C. Museum of Art through July 6. (919) 839-6262.

Raleigh: "Survivors and Liberators: North Carolina and the Holocaust" at N.C. Museum of History, spring 1997. (919) 715-0200.

Valdese: "North Carolina to Israel Photographic Project" at Old Rock School, March 23-April 25.

Israel|North Carolina
Cultural Exchange





Natural fertilizer in a bag

A Bertie County business sells environmentally friendly products for farms and gardens. Products at Organic Litter Gro include an organic fertilizer, potting soil and organic cow feed.

Brent Daniels, a member of Roanoke Electric Cooperative, was working with the Bertie Soil and Water Conservation District when he became aware of the need for a safe, economical and effective new fertilizer. After three years' work with help from N.C. State University, Daniels came up with the formula for Environment's Request Natural Fertilizer 3-3-3 (ERNF), an odorless fertilizer made from recycled poultry waste. It is equivalent to a 10-10-10 chemical fertilizer.

Organic Litter Gro also produces Organic Cow Chow, a 25-30 percent protein feed supplement. The business also distributes potting soils that are disease and insect repressive.

For more information, contact Organic Litter Gro at 436 Capeharts Church Rd., Merry Hill, NC 27957. Phone: (919) 356-2001.

Information for well owners

The American Ground Water Trust has a new information kit available to well owners. It discusses bacteria, water wells, water treatment and ground water protection.

While most bacteria in drinking water is harmless, the organization says, coliform bacteria could cause serious diseases. Drilled wells are less likely than shallow wells to contain such bacteria. Wells should be tested twice a year, the trust advises, through do-it-yourself testers, your local health department, water treatment professionals or certified labs. There are several methods for treating bacteria problems.

For the well information kit, contact the American Ground Water Trust at (800) 423-7748 (10 a.m. to 3 p.m., Eastern time).

Stark Bro's Wants To Give You Both Of These!

To receive your **FREE** Stark Bro's Catalog

and

\$5.00 Discount Coupon

call

Toll Free

1-800-775-6415

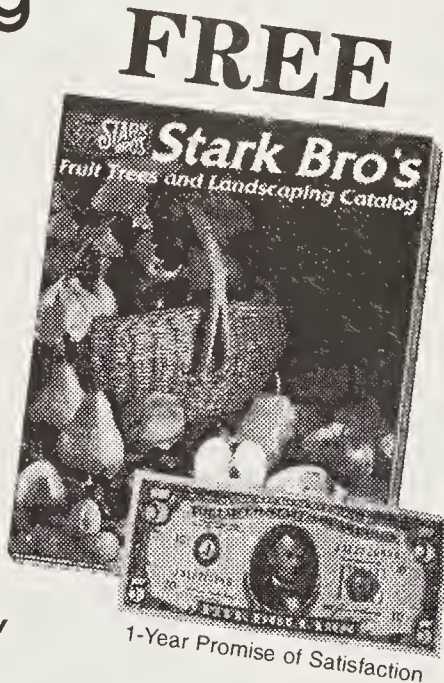
(24 Hours Daily)

and ask for offer #AA 1101 A4

or

detach and mail coupon below

Full-color catalog features a broad selection of fruit and nut trees, berries, grapes, shade and ornamental trees and much more!



Quality & Satisfaction Since 1816.

Stark Brothers Nurseries & Orchards Co., Box 10, Dept. AA 1052 A3, Louisiana MO 63353-0010



Stark Trees Bear Fruit. Since 1816.

Print Name _____

Address _____

City _____ State _____

Zip _____ Home Phone () _____

Mail Today for your FREE catalog and \$5.00 discount coupon.

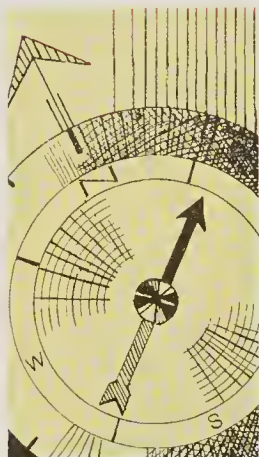
AA 1101 A4

LEARN THE SECRETS TO GUARANTEED SUCCESS

From information on tree selection to a simple-to-use planting zone map, Stark Brothers 1997 Spring Catalog offers all you'll need for successful landscaping and luscious fruit trees.

Sorry, catalogs not mailed outside continental U.S.

Here, There and Everywhere



Dec. 5 – Jan. 5

Festival of Lights Ceremony

Dec. 5, Canton

Lighting of the Town Christmas tree and nighttime light parade. 6 p.m. Lights are on through December. (704) 648-7925.

Colonial Williamsburg Wreath

Dec. 7, Belmont

Christmas workshop on creating holiday wreaths, 10 to 11:30 a.m. \$20. (704) 825-4490.

Open Studio Tour

Dec. 7-8, Pittsboro

4th annual Chatham County Open Studio Tour. 10 a.m. to 5 p.m., Saturday; 12 to 5 p.m., Sunday. In multi-purpose room at the Chatham Campus of Central Carolina Community College. (800) GO-TO-CHAT.

Core Sound Decoy Festival

Dec. 7-8, Harkers Island

9th annual festival with decoy painting, retriever demos, auctions, carving, loon calling (919) 728-1500.

Home Tour

Dec. 8, Carthage

\$6 tickets available at the McDonald Building in the afternoon. 3 to 6 p.m. (910) 947-2331.

Christmas Candlelight Tour

Dec. 8, Hillsborough

Annual tour of churches, public buildings and private homes, with holiday decorations and live music. 1 to 7 p.m. For tickets, call (919) 732-8156.

1996 Christmas Program

Dec. 8, Louisburg

"Hodie Christus Natus Est," by J.P. Sweelinck. Traditional carols. Louisburg United Methodist Church at 7:30 p.m. Free. (919) 586-5662.

Victorian Christmas Celebration

Dec. 8, Stanfield

19th century craft demonstrations, instrumental choirs, refreshments. Reed Gold Mine State Historic Site. 1 to 5 p.m. Free. (704) 786-8337.

Festival of Trees

Dec. 8-11, Lumberton

Fund-raiser for the Hospice of Robeson. At Southeastern Lifestyle Fitness Center. 1 to 6 p.m., Sunday; 9 a.m. to 6 p.m., Monday-Wednesday. Free. (910) 671-3200.

Southeast Vegetable and Fruit Expo

Dec. 9-11, Greensboro

Educational sessions on production and marketing, information on vegetable and fruit crops, trade show of farm products and services. At Joseph S. Koury Convention Center. (919) 772-2204.

Candlelight Christmas

Dec. 10-11, Murfreesboro

Sponsored by the Murfreesboro Historical Association. A progressive dinner and tours of the following buildings: Chowan College Columns Building, Murfree-Smith Law Office, Agricultural Exhibits Building, William Rea Museum, Winborne and Winborne Building, Wheeler House, Murfree Center and Hertford Academy for the Arts. \$20 tickets in advance. Meet at Roberts-Vaughn Building. 4 to 8:30 p.m. (919) 398-5922.

Community CPR

Dec. 10, 12, Lexington

Sponsored by the Lexington/Davidson Chapter of the American Red Cross. 6 to 10 p.m. Call (704) 246-2205.

Bethlehem Walk

Dec. 12-15, Arapahoe

Outdoor re-enactment of the first Christmas. Tours begin 7 p.m. (919) 249-1034.

ACC Craft Fair

Dec. 13-15, Charlotte

Hand-blown and etched glass, fine jewelry, clay objects, furniture. Charlotte Convention Center. 10 a.m. to 6 p.m., Friday and Saturday; 10 a.m. to 5 p.m., Sunday. Adults \$5, children free. (704) 331-8187.

18th Century Christmas

Dec. 14, Hertford

Celebrate an 18th century Christmas at the Newbold White House. 5 to 7 p.m. Free. (919) 426-7567.

Annual Christmas Concert

Dec. 15, Pinehurst

Presented by Sandhills Community College. 2 p.m. Owens Auditorium. Free. (910) 695-3829.

Holiday Open House

Dec. 15, Winston-Salem

Holiday decorations, entertainment, refreshments. 1 to 5 p.m. Reynolda House and Graylyn Conference Center. \$6 adults, \$3 children. (910) 725-5325.

Dedication of Memorial

Dec. 25, Asheboro

Honor chartering of City of Asheboro. Sundial monument, bicentennial float, Christmas parade. (910) 629-2892.

New Year's Eve

Dec. 31, Salisbury

Music, entertainment, refreshments. Old Bell Tower at 11:15 p.m. Free. (704) 637-7814.

Military Antiques Show

Jan. 4-5, Raleigh

Arms and memorabilia: Civil War, Indian Wars, WWI, WWII, etc. State Fairgrounds. 9 a.m. to 5 p.m., Saturday; 10 a.m. to 4:30 p.m., Sunday. \$4 adults, \$1 children. (704) 282-1339.

ONGOING

Holiday Tours

beginning Nov. 29, Reidsville

Premiere collection of eclectic decorative arts, a 27-room mansion decorated by area designers, 22 acres of beautiful landscape and gardens. Chinqua-Penn. Closed Mondays. 9 a.m. to 5 p.m., Tuesday-Saturday; 12 to 5 p.m., Sunday. \$10 adults, \$5 children. (910) 349-4576.

Pamlico County Throws

through Dec. 10, Arapahoe

Featuring landmarks from the county available in cranberry, hunter green or Williamsburg blue. 100 % cotton and washer/dryer friendly. Proceeds benefit building fund at the Arapahoe United Methodist Church. \$45 each. (919) 249-0845.

Christmas Preview

Dec. 8-20, Windsor

Open house at Historic Hope Plantation. Holiday decorations, music, tours of historic homes decorated for Christmas. 10 a.m. to 4 p.m., Monday-Saturday; 2 to 5 p.m., Sunday. \$6.50. (919) 794-3140.

A Christmas Carol

Dec. 10-18, Raleigh

22nd annual production. Starring Ira David Wood, Scrooge. Memorial Auditorium. \$15 to \$25. Show begins at 7:30 p.m. (919) 831-6060.

Opposite Coasts

through Jan. 5, Beaufort

Exhibit in oil, watercolor, and gouache paintings by Bernard and Audrey Evans. North Carolina Maritime Museum. 9 a.m. to 5 p.m., weekdays; 10 a.m. to 5 p.m., Saturday; 1 to 5 p.m., Sunday. (919) 728-7317.

Impressions

through Jan. 5, Charlotte

A selection of 27 prints by James McNeill Whistler, artist. Mint Museum of Art. 10 a.m. to 10 p.m., Tuesday; 10 a.m. to 5 p.m., Wednesday - Saturday; 12 to 5 p.m., Sunday; closed Monday. Adults \$4, children free. (704) 337-2000.

Holiday Memories

through Jan. 5, Raleigh

Celebrations of different cultures, including old-fashioned dolls, clothing, accessories, two-story high tree, a Victorian parlor. N.C. Museum of History. (919) 715-0200.

Mignot Art Exhibition

through Jan. 5, Raleigh

Exhibition of 50 works by Mignot, an American landscape painter. At the North Carolina Museum of Art. Museum hours. Free. (919) 839-6262.

Festival of Lights

through Jan. 12, Clemmons

750,000 lights and over 4 dozen displays along a 4-mile tract in Tanglewood Park. Nightly from 6 to 11 p.m. \$7 cars Monday-Thursday, \$10 Friday-Sunday. Vans and buses cost more. (910) 778-6300.

Thomas Day Furniture

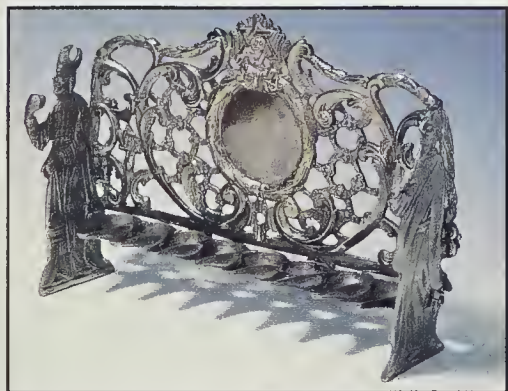
through March 2, Raleigh

"The artistry of Thomas Day." Features 24 pieces of Day's furniture and photos. North Carolina Museum of Art. 9 a.m. to 5 p.m., Tuesday - Saturday; 12 to 5 p.m., Sunday; closed Monday. Free. (919) 715-0200.

Czech Culture

through March 16, Winston-Salem

"A Thousand Years of Czech Culture" exhibit. 9 a.m. to 5 p.m., Monday-Saturday; 1 to 5 p.m., Sunday. The Gallery at Old Salem. \$7 adults, \$4 children. (910) 721-7300.



Menorah of brass and silver plate, late 18th century, at "A Thousand Years of Czech Culture"

Deadlines

Deadlines for submitting notices.

February issue December 25

March issue January 25

April issue February 25

We welcome photos and illustrations of coming events.

Send notices to Colendor, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.



How would you like to work from your home in your bathrobe?

You could if you were one of the 25 million Americans who are now working out of their homes. Americans are starting to understand they can no longer depend on the big corporations and government for their own security. They are starting to take responsibility for their own financial futures.

Get the real scoop on the work-at-home market from two FREE cassette tapes recorded by George & Jeanie Douglass. They started a \$50 million-a-year business from the basement of their home and they have already helped couples and individuals of all ages start their own home-based businesses. In these FREE cassette tapes George & Jeanie will tell you:

- What equipment do you really need to work from your home? A fax? A computer? A modem? How much is all this going to cost?
- What are the top businesses you could operate from your home? How do you market yourself and your services and products?
- Can you really earn a living working from your home?
- Who is most likely to be found working from the home? Women? Men? White collar? Blue collar? Who?

With more and more Americans jumping off the corporate ladder and into home-based careers of their own, now is the time to explore the issue with George & Jeanie Douglass, America's experts on working from the home.

For FREE cassette tapes and color literature call:

Call toll free
or write: Computer
Business Services, Inc.
CBSI Plaza, Ste. 3409
Sheridan, IN 46069

1-800-343-8014
ext. 3409

There is absolutely no obligation!

40+Businesses
You Can
Run
At Home



©CBSI

The Original
LOG CABIN HOMES

Still An Original!

The Blueridge I
1,486 Sq. Ft.

\$32,856*

New... Video!

Log Cabin Homes Uses
Stanley Door Systems

STANLEY

helps you do things right.
For the quality you expect,
and the durability you demand.

The Original
Log Cabin Homes Ltd.

PO Drawer 1457 • 410 N. Pearl Street, Rocky Mount, NC 27802

919/977-7785 • FAX 919/985-2810 • **1-800-56-CABIN**

<http://www.logcabinhomes.com> • e-mail — info@logcabinhomes.com

YES! Please send me: ☐ Log Cabin Homes Color Planning Guide with
FREE Wood Species Samples for just \$15.95

☐ Log Cabin Homes Color Planning Guide and **VIDEO** for just \$25.95!

V/MC/AE

Exp.

Name

Address

State

Zip

City

Phone

*Basic Package Price • See Your LCH Sales Rep. for specific promotion conditions • Ample Supply of Western Red Cedar, White Pine and Cypress in stock • Free Custom Home Quotes • Limited Prime Dealerships Available. ©1996LCH



Marketplace

How to Reach the Marketplace

The Marketplace showcase of goods and services reaches more than 352,000 households and businesses each month. Space is available for 1-inch and 2-inch display ads. The cost for advertising ranges from \$179 to \$349 per ad, depending upon the number of times an ad is published. For more information, contact us at:

Carolina Country
PO Box 27306,
Raleigh, NC 27611

1 (800) 662-8835 (ext. 308 or 310)

HIGH SCHOOL DIPLOMA AT HOME!

Home study. Quality for higher pay, better jobs, and faster advancement. Pick up where you left off. **Free course literature.**

FREE LITERATURE: CALL 800-223-4542



Name _____ Age _____
Address _____ Phone (____) _____

James Madison High School, Dept. JMP453
PCDI, 6065 Roswell Road, Atlanta, GA 30328

BE A MEDICAL TRANSCRIPTIONIST!

Home study course. You could make \$30,000 or more. Work in doctors' offices or at home.

FREE LITERATURE: 800-223-4542

**WORK
AT
HOME**

Name _____ Age _____
Address _____ Phone (____) _____
City/State _____ Zip _____

The School of Medical Transcription, PCDI
Dept. YYP453, 6065 Roswell Road, Atlanta, GA 30328



IOF FORESTERS

Life insurance sales opportunity
Commissions/training allowance
IOF Foresters (704) 536-0968
Or 1-800-866-3697

2 SEAT BIKE

Drives Like a Car!
Easy to Pedal
Multi Speed
Street Legal
Cargo Carrier
1, 2 & 4 Seater

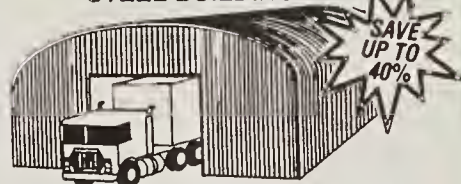


RHODES CAR

Free Literature
1-500-673-9701 Ext. 8386

WORKSHOP SALE

Super Huge Factory Direct Savings
STEEL BUILDINGS



SAVE
UP TO
40%

- 20 Year Warranty
- Simple Fast Erection
- All Steel - Maintenance Free

25 X 32 (1 Left) 50 X 100 (1 Left)
30 X 44 (2 Left) 55 X 200 (1 Left)
40 X 62 (3 Left)
Some Other Models Available

Factory Direct
(800) 548-6871 BR

**American
Steel Span**

CHOIR ROBES

EXPERT TAILORING **\$26⁹⁵ UP**



Finest Fabrics including
Permanent Press and Wash &
Wear. Superior Quality. Free Color
Catalog and Fabric Swatches on
Request. *Guaranteed Satisfaction.*
Toll Free 1-800-826-8612

REGENCY
CAP & GOWN CO.

P.O. Box 8988-N
Jacksonville, Florida 32211

Includes all material, erection,
freight & sales tax
NO HIDDEN EXTRAS!

**ROOF ONLY
STORAGE BUILDING**

42'x48'x12' \$7,688.00
24'x36'x10' \$3,898.00

Agri-Steel Structures
P.O. Box 1257 • Woodstock, GA 30188
1-800-359-8613

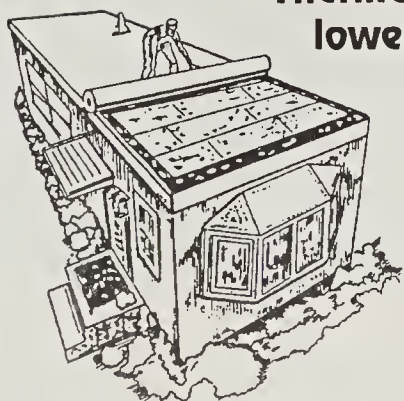
Steel Frames • Clear Spans • Gables Enclosed • Galv. Roofing

**As Seen
On TV**

The Insulated Mobile Home Roofing System



**Thermal Tech, the affordable roof system that
lowers power bills in winter and summer.**



\$100 Rebate

**Call today for a FREE
Roof Inspection and Estimate**

**THERMAL
TECH ROOFING**
1-800-849-5715

Decide for Yourself

Old Metal Roof

vs.

New Thermal Tech

- ☐ Expensive heat escapes thru the roof
- ☐ Condensation forms in the attic
- ☐ Attic condensation freezes there and in walls
- ☐ Furnace or heaters usually run all day and night
- ☐ Leaks let water ruin ceiling, walls and floors
- ☐ Seal, paint, repair every year
- ☐ Rumbles in winter wind
- ☐ Deteriorates annually

- ☐ Thick insulation retains heat in your home
- ☐ No attic condensation
- ☐ No condensation forms
- ☐ Heat source runs only as needed
- ☐ No leaks
- ☐ Maintenance-free and guaranteed lifetime warranty
- ☐ Quiet in the worst storms
- ☐ Adds to the value of your home

SPECIAL NURSERY STOCK OFFER!!

MAPLES, 3-5' (Red, Sugar or Silver)\$1.98 ea.
 OAKS, 3-5' (Pin, Willow, Red or Scarlet)\$3.49 ea.
 WHITE DOGWOOD OR AMERICAN REDBUD, 2-4'\$1.98 ea.
 GREEN WEeping WILLOW OR TULIP TREE, 3-5'\$1.98 ea.
 LOMBARDY POPLAR, 2-4' (Fast growing & good screen)\$1.49 ea.
 HUMMINGBIRD VINE, 6-12" \$1.29 ea. WISTERIA, Pur. 6-12"\$1.98 ea.
 PERIWINKLE, Vinca Minor 100/\$12.00 BURNING BUSH 6-12" 10/\$9.95
 SOUTH PRIVET HEDGE, Evergreen, 1-2' (Fast growing) 25/\$8.95

ORDER AS MANY AS YOU LIKE; ADD \$4.99 FOR POSTAGE & HANDLING. ORDER BY MAIL OR BY PHONE 615-668-4870; CHARGE TO VISA, MASTERCARD OR DISCOVER. (GUARANTEE - IF ANY PLANTS ARE RECEIVED IN BAD CONDITION; NOTIFY US WITHIN 30 DAYS OF DELIVERY FOR FREE REPLACEMENT.) WRITE TODAY: FREE FULL COLOR CATALOG! OVER 200 VARIETIES OF PLANTS! FLOWERING SHRUBS & TREES, SHADE & NUT TREES, STD. & DWF. FRUIT TREES, BERRY PLANTS, EVERGREENS, HEDGES, GROUND COVERS AND VINES.

LEE'S NURSERY • P.O. Box 489-F • McMinnville, TN 37111

"YEAR END CLOSEOUT"

• Financing Available!
 • Low Monthly Payments!

Save on Select Models

25x36 • 30x48
 40x62 • 50x120

STEEL BLDGS

SAVE UP TO 50%

Buy factory direct! • Build it yourself!
 American Owned • American Built
 CALL TODAY!
1-800-888-4606

CHURCH PEWS PADDED
 by CAMPBELLS

PADDING YOUR OLD PEWS
FOR ABOUT 1/3
 THE COST OF NEW PEWS
"Satisfied Customers Statewide"

• Quality Materials
 • Expert Workmanship
 • Written Guarantees
 • Free Estimates

Call collect
 (919) 772-5238
 Raleigh, N.C.
 Write 4612 Meadow Lake Drive
 Apex, N.C. 27502

DESIGNED, CONSTRUCTED AND WARRANTED BY

MORTON BUILDINGS

Call Your Local Design Representative

Lexington, NC (704) 249-0490
 Hendersonville, NC (704) 687-7171
 Wilson, NC (919) 291-1300

GOSPEL PIANISTS & ORGANISTS Exciting Book & Cassette

"PLAY GOSPEL SONGS BY EAR!" Shows how to play and chord any hymn you've ever heard-entirely by ear! Find the right starting note, add chords, play in easy keys. Book \$7.95.

Cassette gives more explanations & illustrates how songs sound. Includes chord chart showing 84 chords. Cassette \$7.95. Both \$14.90 ppd.

GUARANTEED! (Specify piano or organ).

DAVIDSON, 6727 C Metcalf, Shawnee Mission, KS 66204.

FREE HEARING CATALOG!

• 45 DAY TRIAL
 • \$199 & UP
BETTER HEARING

DEPT B34, Brookport, IL 62910
1-800-320-3300 EXT B34

America's Oldest & Largest Rare Breed Hatchery
 Free Color Catalog

Over 140 varieties Baby Chicks, Bantams, Turkeys, Game Birds, Peacocks, Waterfowl, Guineas, plus Books, Equipment, Eggs, Incubators & Medicine.

1-800-456-3280 Murray McMurray Hatchery
 C 130 Webster City Iowa 50595-0458
 (24 hours a day)

Arco

1-800-241-8339

30x40x10.....\$ 4,194
 40x60x12.....\$ 7,947
 50x75x10.....\$ 10,172
 60x100x12.....\$ 15,750
 60x75x12.....\$ 12,263
 50x100x12.....\$ 13,186
 100x100x12 w/column.....\$ 22,977
 100x150x14 w/column.....\$ 34,981

We will match any deal with Quality Steel!
 3300 Holcomb Bridge Rd., Suite 201
 Norcross, Georgia 30092

AEC BUILDINGS

It's our Building BLOWOUT SALE!!

You just can't beat these prices!

30 x 50 x 12.....\$5,396
 40 x 60 x 12.....\$7,348
 50 x 100 x 14.....\$13,699
 60 x 100 x 12.....\$15,148

All 26 gauge, 20 yr. roof and walls

1-800-531-6575

Premier Building Systems

1-800-882-5150

The more you look, the better we look!

30 x 40 x 10.....\$4,519
 40 x 75 x 10.....\$8,594
 50 x 100 x 12.....\$13,543
 60 x 100 x 12.....15,706
 100 x 150 x 14 w/column...\$34,897

All sizes available & mini-storage units, 26 ga., 20 year roof & walls.

LYRIC CHOIR GOWNS

"Professionally tailored gowns of lasting beauty."

FREE catalog and fabric samples.

Since 1955...

LYRIC CHOIR GOWN CO.

P.O. Box 16954-RP
 Jacksonville, FL 32245
 CALL TOLL FREE
 1-800-847-7977

POLE BUILDINGS

STANDARD BUILDINGS

24 x 32 x 8.....\$ 4,800
 24 x 40 x 8.....\$ 6,000
 30 x 40 x 8.....\$ 7,500
 32 x 64 x 10.....\$11,800
 40 x 80 x 12.....\$17,300

LOFT BUILDINGS

24 x 32 x 8.....\$ 9,550
 24 x 40 x 8.....\$11,100
 30 x 40 x 8.....\$13,800
 32 x 64 x 8.....\$19,100

All prices are erected

Allwood Structures
 Asheville, NC
1-800-247-0241

43 Years In The Business

STEEL BUILDINGS

SONNY'S INC.

30'x 40'x10' \$3,999⁰⁰
 40'x 60'x12' \$7,520⁰⁰
 50'x 75'x10' \$9,800⁰⁰
 50'x100'x12' \$12,600⁰⁰
 60'x100'x12' \$15,140⁰⁰
 100'x100'x14'(MI) \$22,500⁰⁰

ALL SIZES AVAILABLE - WE WILL MATCH ANY PRICE
THE WAY TO BUILD TODAY
1-800-524-3939

Hank's Gardening Guide

by Hank Smith



Colorful fruits, berries, green foliage and dried seed heads make nice seasonal decorations.



Holiday plants

Potted gift plants like poinsettia, azalea, begonia and Jerusalem cherry will last longer if given proper care. Avoid drafty locations such as heating vents and doorways that open to the outside. Water plants regularly to keep soil from becoming dry. Remove the decorative foil covering and place the pot in a clay or pottery container to encourage good soil drainage.

You can feed camellias

Feeding camellias at this season has become a controversial subject among camellia growers. But now that plants have ceased to produce new growth, many growers give plants a light feeding — about half a cup per foot of height. Use an azalea-camellia fertilizer. Apply only when the ground is not frozen, as you'll want to work the fertilizer into the top inch of the soil.

Crocus in hard soil

If you like to have a mass of crocus blooms but have trouble digging planting holes in "hardpan," an electric drill will solve the problem. Use a 1½ inch spade bit to drill holes six inches apart. The drill not only makes holes but also pulverizes the soil. A lawn can be "beautified" by planting crocuses in the turf. Crocus foliage dies down before time to begin lawn mowing.

Plants need winter watering

If this winter is as full of dry spells as last summer was full of wet spells, plants will need watering. When the sky is overcast or temperatures are low, it is easy to forget that plants may be suffering from a lack of moisture. A cold, dry wind is damaging to all plants. It dries out plant tissues and removes moisture from the soil.

During winter months water the garden in the morning. This allows excess moisture to be absorbed before nightfall and reduces the possibility of fungus diseases.

Plant now for spring blooms

Most spring-flowering shrubs will grow well if planted now as long as the ground is not frozen. These are easy to plant in December: pink and white and fragrantissima honeysuckles; early-flowering Jasminum nudiflorum (which blooms before leaves appear); the many spireas; the forsythias; the Philadelphia (mock-orange) flowering quince; deutzias; and Scotch broom.

Don't cultivate all ornamentals

Most neat planting beds call for cultivation, but hoeing around certain ornamental plants is detrimental to their healthy growth. Shallow-rooted plants such as azaleas, camellias, rhododendrons, dogwoods and redbuds suffer if their near-surface roots are cut. Their ability to take up nutrient-containing moisture from the soil is reduced in proportion to the extent of root damage.

Before weeds get a start, establish groundcover plants around these shallow-rooted ornamentals, or mulch around them with a bark mulch. Either treatment helps make a handsome bed.

Balled-and-burlapped plants

When transporting balled-and-burlapped plants, lift the ball of soil. Don't use the trunk or branches as a handle. Picking up a plant by the "handle" is likely to break away the soil from the roots. This destroys the advantage offered in balling and burlapping.

Balled shrubbery should be kept watered to prevent drying out during periods of dry weather before it is planted. If it cannot be planted immediately, it's a good idea to "heel in" trees and shrubs in a temporary location, such as the vegetable garden. This provides more even soil moisture and prevents roots from freezing during periods of low temperatures.

Reminder

If you haven't planted those spring-flowering bulbs, better get to it. Satisfaction is practically guaranteed when quality bulbs are used. Pansy plants set among the bulbs will produce a fine effect and won't harm the bulbs a bit. The pansies help screen bulb foliage as it is allowed to mature and turn brown after the flowering season. Pansies will continue to bloom until the heat of late spring.

Hedge and fence rows

Many weeds are host to both insects and diseases that attack various ornamental and vegetable plants. Weeds can serve as a means of carrying these troubles from year to year.

Fence rows, hedge rows and other non-cultivated areas in the yard should be cleaned up and kept clean.



HOMEOOWNER LOANS

WHEN BANKS SAY NO... WE SAY, YES!!!

1ST MORTGAGES

	360 Months	180 Months
Amount	*7.875%	*7.5%
\$50,000	\$354.94	\$463.51
\$75,000	\$543.80	\$695.26
\$100,000	\$725.07	\$927.01
APR	*8.23%	*7.95%

CREATIVE PROGRAMS AVAILABLE

*No Application
Fee*

*Quick
Approvals*

Fast Closings



EQUITY LINES

DEBT CONSOLIDATION

	Payment	Balance
Auto	\$291.00	\$13,000
Mastercard	\$120.00	\$3,200
Visa	\$190.00	\$4,500
Medical	\$200.00	\$3,000
Total	\$801.00	\$23,700
Your old monthly payment	\$801.00	
Your new monthly payment	\$254.53	
\$\$\$ You Save Monthly \$\$\$	\$546.47	
\$6,557.64/ yearly savings		

Based on \$25,000 Loan/180 Months/*8.99%/APR 9.45%*

Pre-Qualify by Phone

FEDERATED MORTGAGE, INC.

(800) 466-1635 or (800) 854-2336

- Effective 12/1/96
- Rates subject to change and qualification
- APR may vary

Brokers Welcome

We've Got Mobile Home Owners Covered.

Royal Home Improvement customers know what a new Royal Roofover means.

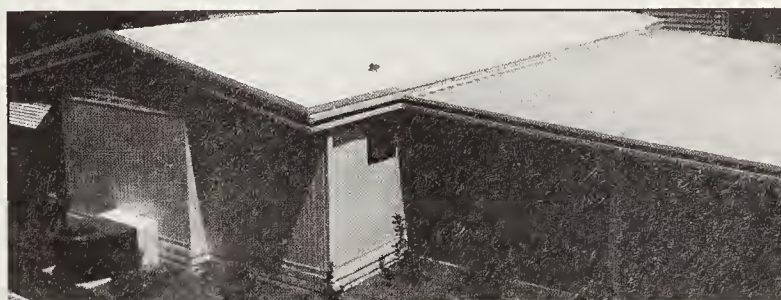
No More:

- Leaky roof
- Recoating your roof
- High energy bills
- Roof rumble

Instead You'll Have:

- Permanent roof
- Tripleseal protection
- Lower energy bills
- 25 year warranty
- Added value of home
- No more roof rumble
- All aluminum roof
- 100% financing
- Free estimates
- Shop at home service
- Single or double wide

*Southeast's Largest
Royal Roofover Dealer*



Royal
Home Improvements, Inc.
Serving the entire Southeast

(800) 462-8039

100% Financing • Free Estimates
Shop at Home Service





A Cumberland County school bus driver says many motorists ignore the laws that are intended to protect her passengers.

Readers have their say: more highway pet peeves

No matter how fast you go, someone has to go faster. They can't wait to get to the next light so they can jam on their brakes!" That's how Charles H. Lincoln of Fayetteville described one of the annoyances that top his list of highway pet peeves. "The brake shops must be doing a wonderful business!"

Lincoln is one of several readers who wrote or called to comment on my September column about common motorist misbehavior. He thinks the drivers in Fayetteville are "the worst I have encountered in years." Driving patterns he's often observed there include: constant lane-changing, turning without signaling, turning from the wrong lane, pulling in front of other drivers before slowing down for a turn.

Here's his favorite example of "the general impatience of local drivers."

Another driver pulled out in front of him as he left work one evening. "I stayed in one lane the entire trip. At one time or another, however, the other driver was—due to constant lane changes—ahead of me, behind me, on my left and on my right. Yet, after 14 miles, I was right behind him as we both pulled into my apartment complex!"

T. P. Jones of Greenville has ample reason for listing these as his (or her) top pet peeves: drivers who fail to yield at yield signs and those who don't stop at stop signs. When this reader was on the way home from the hospital, after being treated for injuries received at the hands of an unyielding driver, he (or she) had a "near miss" with another driver who ignored a stop sign.

"It seems we who pay attention to the highway rules and laws are the ones who get either run over, knocked over or crashed over, while the road hogs flourish and keep getting by with it all! I thank you for letting me get this off my injured chest."

Maria A. Seixas of Waynesville says she thinks the cops never seem to be nearby when she sees other people speeding at 60 mph in a 45-mph zone. Yet, they quickly emerge from their hiding places to ticket her even if she's speeding "just five miles an hour over the limit!"

She also believes "it's a waste of taxpayers' money to put up so many speed limit signs, as very few people obey them."

Here are her pet peeves:

- "People who drive around parking lots as if they were on a race track."
- "Motorists whose turn signal is stuck and if you are behind them, you don't know if they are going to turn."
- "People who pass at great speed but slow down to 30 mph when they are in front of you."

Glenn Wilson of Pleasant Garden telephoned to say he strongly objects to drivers who turn on their parking lights when driving in the early morning. They should be using the headlights unless their car is parked somewhere, he said. "This really bugs me!"

Twila Pope of Roseboro, who has been a school bus driver in Cumberland County for six years, wanted to call attention to motorists' inconsiderate and unsafe behavior when they encounter a school bus. These drivers often speed through the school bus's stop sign, or stop right at the bus—rather than staying 300 feet behind it, as is required by law. They apparently don't realize they're endangering the kids on the bus, who could be about to cross the highway at any time. She has taken several drivers to court after they ignored her bus's stop sign. But convictions are hard to get because the courts don't support the bus drivers the way they should, she said.

"I feel responsible for those children. They are my children from the time when I pick them up until I deliver them at school."

She adds: "Everybody hates to get behind a school bus, but you've got to think about the children. If you hit a child and say, 'I'm sorry I didn't see that stop sign,' that's not going to bring that child back."

Audrey L. Bollero of Statesville says she once followed my practice of merging as soon as the "Merge Ahead" signs came into view, but that's no longer the case. "It seems to me," she said, "that those signs are being needlessly posted far from the site where a merge becomes necessary. This results in miles of backed-up traffic with a perfectly usable lane just sitting there empty." When this happens, the signs only serve to "cry wolf," she added.

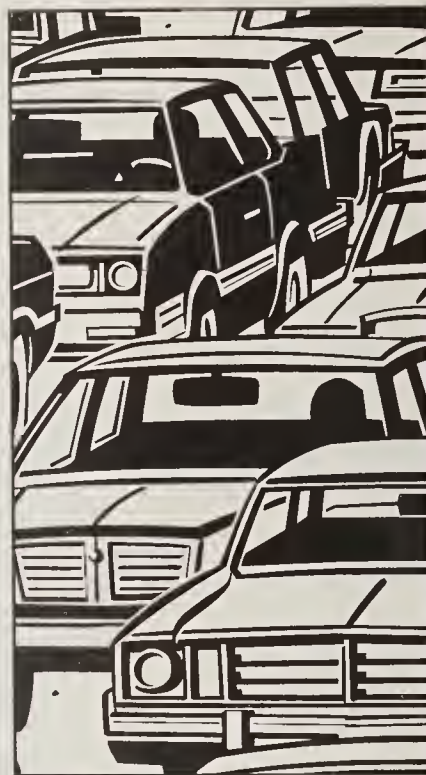
She recalled an incident that occurred on I-77 in Virginia: "I, along with a gazillion other suckers

had dutifully merged and were crawling along endlessly—I'm talking miles—for no good reason. When it became apparent that construction wasn't imminent, a few of us ventured into the open lane. Well, some holier-than-thou truckers pulled out to block the flow of traffic in that lane."

She said the driver of a four-wheel-drive vehicle pulled onto the shoulder, forcing another vehicle onto the grass. The impatient motorist may have been in desperate need of the next rest area or may have had a plane to catch.

"Certainly that trucker didn't know. Who was he to play God? Personally, I think he was playing the devil. I was furious with the truckers, who you'd think would want efficient movement of traffic. But was so angry with state (or construction) workers who placed the merge sign so far ahead of where it was needed."

(Next month: A scolding from three angry readers.)



Classifieds

Business Opportunities

NEW! GROW EXPENSIVE PLANTS, 2,000% PROFIT, FREE Information, Growbiz, Box 306-NC12, Seminary, MS 39479.

WILD-NETWORK-ORGANIC. I have a home-based nutritional business that gives me more income, health & time. I'm looking for associates who want to earn a possible \$2,000 pt - \$5,000+ per month within 1 year. With my team, I'll help you get there! Strong 14 year old environmentally sound, US Company. Call 1-800-568-0951 for 24 hour message (#14233).

SAVE OR EARN \$20-\$50 per hour laying your own brick. Learn fundamental bricklaying skills at home with unique video course. Created by master mason and instructor. Only \$39.95 + \$5.95 postage. Great family project or gift idea for do-it-yourselfers. To order call 1-888-BrickIt (274-2548).

ASSEMBLY JOBS! CLERICAL JOBS! Mail Processing Jobs! Homeworkers needed immediately for honest good paying jobs! Send long SASE to: Charlin, Box 7158-P, Albuquerque, NM 87194.

WANTED: 10 PEOPLE TO LOSE WEIGHT and make money! Call 1-888-222-3181, ext. 4386 for Free information.

Insurance

MILITARY RETIREES. Champus Supplement. Will pay the 25% allowed plus 100% of all excess charges. Brochure 1-800-627-2824 Ext. 490.

MEDICARE DISABILITY SUPPLEMENTS: All Plans, All Ages. Health, Life, Retirement Plans: 1-800-707-2529.

Wanted

OWNER FINANCED Mortgage/Trust Notes. Cash paid now! Heritage 1-800-843-2790.

Help Wanted

ASSEMBLE SIMPLE CRAFT PRODUCTS at home! Excellent Income! Guaranteed! 1-800-377-6000, Ext. 8820.

AVON- Earn \$15 or more per hour from home! 1-800-566-8055.

ASSEMBLY, SEWING, CLERICAL, COMPUTER, MAIL PROCESSING JOBS! Honest good paying jobs! Homeworkers needed immediately! Rush long SASE: RLMC, PO Box 4236-C, Pinehurst, NC 28374.

Health

INSULIN DEPENDENT DIABETIC? Did you know that Medicare part "B" will cover your glucose testing supplies? For further information call C&A Medical (334) 928-2836. We look forward to being of assistance.

Real Estate

ALLEGHANY COUNTY NORTH CAROLINA 163 acre farm with brick home (804) 484-7598.

Weight Loss/Nutrition

HERBALIFE DISTRIBUTOR. Ask me now for products. Carolyn (704) 878-2694.

LOSE WEIGHT HEALTHY WAY. Proven Method, Real Food. Send \$6.00 Healthy Diet, Box 7252, Statesville, NC 28687-7252

Porch Swings

HANDMADE QUALITY & COMFORT. Any Length. Bankston Swing Company. Rockingham, 1-800-YO-SWING.

For Sale

WATKINS PRODUCTS CATALOG. Order Direct. Hixie Wheeler 3141 Bruce Garner Road, Creedmoor, NC 27522.

OLD TIMEY APPLE TREES. Over 400 Varieties. Limbertwigs, Horse, Red June. Route 1, Box 202A, Pinnacle, NC 27043.

BEAUTIFUL GIFT. 1997 MOUNTAIN MEDITATIONS. Photographic/Inspirational Calendar \$7.00 Postpaid. (Quantity Discounts). MEDCOR-C, Montreat, NC 28757.

OSTRICH & EMU - BEST BREEDER STOCK AVAILABLE. All ages. Fisher Ranch. (704) 788-9546.

MOCK CHIEESECAKE RECIPE - Low Fat. Send self-addressed stamped envelope and \$2.00 to: PO Box 3971, Morganton, NC 28680-3971.

BUILD SUN, WATER, WIND POWERED APPLIANCES. 30 Plans. Details \$2.00. MCO, 3203S Bordero, Thousand Oaks, CA 91362.

Careers

ATTENTION LICENSED PT'S, OT's, SLP's, ASSISTANTS! Career opportunities, variety settings, nationwide. No Fee! 1-800-650-9477, Fax 704-393-9289. Top Gun Recruitment Services.

CAROLINA COUNTRY CLASSIFIEDS

I am enclosing \$_____ in payment for the classified ad written below. (\$2 per word, \$20 minimum order per ad, 75-word maximum).

Run this ad for _____ month(s).

Preferred heading:

If you have questions about my ad, call _____

Deadline: 25th of the month, five weeks prior to publication.
For example, deadline for June is April 25. Orders received after deadline will be published the following issue.

Make checks and money orders payable to Carolina Country. Send to Carolina Country Classified, P.O. Box 27306, Raleigh, NC 27611.

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

WHAT FIR!

Choose and Cut
Fraser Fir



- Open Daily •Wreaths, Garland
- Crocheted Ornaments and Angels

For brochure and price list

Johnny or Doris Greer
840 Ray Brown Rd.
Boone, NC 28607
704-264-2996



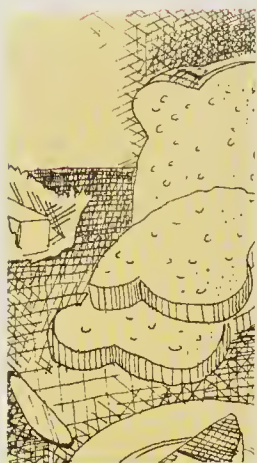
Lauren Lazin, age 10.
Today, Vice President
MTV News and Specials.

EXPECT THE BEST FROM A GIRL.
THAT'S WHAT YOU'LL GET.



Women's College Coalition

Country Kitchen



Cool, colorful
and lively.

CRANBERRY SALAD

Submitted by Ruby H. Campbell, Council

1/2 cup 7-Up
1/2 cup boiling water
1 package (3-ounce) raspberry Jello
1 can whole cranberry sauce (with berries)
1 3-ounce. block of cream cheese

1 small can crushed pineapple (drained - save juice)
1/2 cup chopped pecans or other nuts
Pecan pieces to decorate



Bring 7-Up and water to boil. In a 2-quart dish, dissolve Jello in the 7-Up and water. Stir in cranberry sauce. Add pineapple and pecans (or other types of nuts). Stir real well. Cream the block of cream cheese with drained pineapple juice, spread on salad and sprinkle with nuts. Let chill in refrigerator overnight or until congealed real well.

Want to share recipes?

If you would like to share a recipe with Country Kitchen, send it to Recipes, Carolina Country, P.O. Box 27306, Raleigh, N.C. 27611.

We pay \$5 for recipes we publish and present each monthly winner a set of 50 recipe cards featuring a reprint of the published recipe.

Send a Gift Subscription to

CAROLINA COUNTRY
\$6 per year (12 issues)
until Jan. 1, 1997

A one-year subscription to Carolina Country costs \$6 until Dec. 31, 1996. The rate rises to \$8 per year in 1997. Send us the name and address of the recipient, plus your name (we'll send a notice from you). Make checks and money orders payable to Carolina Country, Subscriptions, P.O. Box 27306, Raleigh, NC 27611.

Name _____

Street Address _____

Town _____

State, Zip _____

Enclosed is \$_____ for:

☐ 1-year ☐ 2-year subscription

Send greetings from:

UNSOLD ORDERS

Singer School Model/Sew & Serge Sewing Machines

The Singer company ordered production of large quantities of their 1996 model school sewing machines, anticipating large orders. Due to current economic conditions, those orders were not received!

THEY MUST BE SOLD!

These Special heavy Duty School Machines are Made of Metal with Metal Hooks for years of extended service. All Machines are Now in Factory Sealed Cartons. SINGER'S 25 YEAR LIMITED WARRANTY IS INCLUDED.

WHAT IS A SEW & SERGE SEWING MACHINE?

#1 - IT IS A SOPHISTICATED SEWING MACHINE... That does Buttonholes (any size), Invisible Blind Hems, ladder Stitching, monograms. Decorative Stitching, Corsetry Stitching, Ribbing, Double Seams, Zippers. Sew on Buttons, Rolled Hems, Darning, Applique, Leather Glove Stitch, Zig Zag, Basting, Blanket Stitch, Pin Tucking, Quilting, and much more. Just turn the dial to see magic.

#2 - IT HAS A PROFESSIONAL SERGING STITCH... It allows you to sew the Seam and Serge the edge of the material in one operation. With an optional cutter you can trim the excess material.

#3 - THEY ARE DESIGNED TO SEW ALL FABRICS... Without adjustment, such as Levi's Canvas, Upholstery, Nylon, Stretch Materials, Silk Percale, Organdy AND...

...THEY EVEN SEW LEATHER!
Now you have it all in one machine!

THIS IS A FACTORY
AUTHORIZED SALE...

SINGER
Manufacturing Quality since 1851

**YOUR
PRICE**
\$229.99

**SUGGESTED
RETAIL PRICE**
\$569.00

COD, AMERICAN EXPRESS, MASTERCARD,
VISA, DISCOVER, LAYAWAY WELCOME

SINGER
Held By
Branum's Sewing & Vacuum Center

**TO ORDER CALL
TOLL FREE
1-800-462-1457**

NEED TO PAY OFF BILLS?

Just in Time for Fall

- Consolidate bills
- Home Improvements
- Refinance to lower payments
- New Car

How Does Your Situation Compare?

YOUR PAYMENTS NOW:*

<u>Bill</u>	<u>Balance</u>	<u>Payment</u>
Mortgage	\$34,500	\$485.00
Auto Loan	\$ 7,500	\$310.00
Mastercard	\$1,500	\$ 85.00
Visa	\$1,500	\$ 75.00
TOTAL	\$45,000	\$955.00

YOUR PAYMENTS WITH A BILL CONSOLIDATION LOAN FROM THE MORTGAGE OUTLET:*

<u>Bill</u>	<u>Balance</u>	<u>Payment</u>
Consolidation Loan	\$45,000	\$476.71

YOU SAVE: \$ 478.00/ month
\$5,739.48/ year

HOW MUCH DO YOU NEED?

(Larger and Smaller Loans Available)

<u>Balance</u>	<u>Payment</u>	<u>Balance</u>	<u>Payment</u>
\$25,000	\$264.84	\$45,000	\$476.71
\$35,000	\$370.78	\$55,000	\$582.65

* All payments based on 180
mo. rate 9.99%/10.89apr,
subject to credit.

SPECIAL PROGRAMS:

- Homeowners only
- Bankruptcy/poor credit
- Unable to verify income
- Self-employed
- Double Wide Homes



Hours:
Mon.-Thurs.
8:30 am-8 pm

Friday
8:30 am-5 pm
Saturday
9 am-12 pm

Professional Mortgage Services

THE MORTGAGE OUTLET, INC.

We make mortgages, not excuses.

Toll Free 1-800-365-9017

Apply by Phone

Multi-State Licensed Lender
1220-D Kennestone Circle • Marietta, GA 30066

TAKE A LOAD OFF



Load Management is an easy and painless way to reduce your energy consumption and receive credits that are applied to your bill. Pick up a brochure at your electric cooperative office and find out how you can sit back, relax and "Take A Load Off" your energy bill with Load Management.

LOAD MANAGEMENT



CAROLINA Electric

Coop

Energy To C

799 AC XL

01/23/98 32596

